



Local Scene
See what's going on.
Calendar on back page!

Dogs versus cats.
Columnist Daryl Fisher is
working it all out.

Page 2

**POLICE
LOG
Below!**

West Sacramento NEWS-LEDGER

USPS 388-320

Entire Contents Copyright News-Ledger 2013

35 Cents

50th Year ♦ No. 3

Serving the West Sacramento Region Since 1964

Wednesday, September 11, 2013

Cyclist killed 9/11 flag display stirs in the breeze

A bicyclist hit by a car in rural Southport on August 23 has died of his injuries.

The Sacramento County Coroner's office has identified the victim as West Sacramento's Kevin Cavanaugh.

According to Lieutenant Tod Sockman of the West Sacramento Police Department, the accident occurred at about 8:40 p.m. He added:

"The preliminary investigation indicates a bicyclist was riding southbound on Jefferson Boulevard. Witnesses report the bicyclist rode into oncoming traffic and was struck by a single vehicle traveling northbound on Jefferson Boulevard. The bicyclist sustained serious injuries and was transported by ambulance to the UC Davis Medical Center."

Cavanaugh died four days later.

Police closed a stretch of Jefferson Boulevard when they responded to investigate.

Ethanol-fueled go-karts offered

By Steve Marschke
News-Ledger Editor

A Sacramento-area businessman hopes to bring an indoor "go-kart" facility to West Sacramento.

Duane Brown has applied to put a 48,000-square foot track and about 17,000 square feet of arcade games and office space into a project at 1430 Enterprise Boulevard. Brown is affiliated with a similar operation in Burlingame, reports the West Sacramento Community Development Department.

One twist on this project is that, instead of electricity, these go-karts will be powered by ethanol.

City staff is trying to catch up on go-karts in general, and on the ethanol-powered kind of kart in particular.

"Is this the best way to go?" asked David Tilley, senior planner for the City of West Sacramento.

Regarding any proposal for go-karts, he commented: "It's just a little different animal. It's not one we've worked on before, so we've consulted a few other communities."

But he indicated the applicants may have chosen a good spot for their indoor track:

"We think they have a pretty good location. They would expect weekends to be busiest."

The city planning commission will hold a public workshop on the go-kart proposal at its meeting Thursday at 6 p.m. at city hall. Also on that agenda are possible changes to the city's telecommunications facility policy and a public workshop on proposed changes to the city's zoning laws regarding homeless shelters.

By Steve Marschke
News-Ledger Editor

The popular annual flag display came back to West Sacramento on Saturday. But the 9/11 memorial contains some flag stories within the flag story.

The flags' size and their grouping all make a point, explained Nancy Vinson, wife of chief flag organizer John Vinson.

For instance, the large flags:

"There are 300 – one for about each 10 victims of the September 11, 2001 attacks. They're in 13 rows – one for each of the original colonies. And the small flags, there's one for each person lost at each attack site."

That adds up to over 3,000 flags overall.

One group of flags is dedicated to those killed when one hijacked plane hit the Pentagon during the terrorist attack.

"There are 125 flags, for those that worked in the Pentagon and died there," said Vinson. "Inside, there are 59 – for those who were on the plane that hit the Pentagon."

There's a grouping for police from the New York Police Department and the city's port authority (60 flags), and one for the firefighters killed that day (343, many of whom went into the doomed twin towers in New York).

Then there is the group of 40 slightly larger flags in one group at the display.

"This is Flight 93," said Vinson. "These flags are a little bit bigger. The reason, John says, is because they were the first heroes. They were the first people to fight back (against their hijackers). They actually diverted their plane from its hijacked course, where it was probably going to hit the Capitol building or the White House or some other target on the East Coast."

And there's something new at the flag display this year: a group of four flags honoring those who lost their lives to the bombs at the Boston Marathon in April.

The annual flag display also shows off a banner to which any passing service veteran or firefighter is invited to sign. Dozens have, including vets from Iraq and Afghanistan as well as at least one from World War II.

John Vinson, a Sacramento



Mock-up of a grieving, exhausted firefighter is one focal point of the Vinsons' annual West Sacramento memorial to the terrorists' victims on September 11, 2001 (News-Ledger photo)



This banner carries a slogan featuring the Twin Towers in New York, and the signatures of scores of veterans and firefighters. Flanking it are John and Nancy Vinson. (News-Ledger photo)

contractor, reports that the flag display went up with help from a group of volunteers – including some from the local fire department's "CERT" (Community Emergency Response Team) program. It's scheduled to come down Thursday morning, September 12 – leaving

today as the last day for visitors to take a look.

Last year, John Vinson's flag display drew over 2,000 visitors. For many, it's become an annual event every year since 2002.

Yesterday – the true anniversary of the September 11, 2001 attacks – the site at Jefferson

Boulevard and South River Road was scheduled to host a horn player from "Buglers Across America." Early in the morning, at the exact moments of each of the hijacked airplanes' impacts, the bugler was scheduled to ring out a rendition of "Taps."

Artist Bellacera again in KVIE TV auction

West Sacramento's Paula Wenzl Bellacera will have at least one work in the annual KVIE Public Television Art Auction this year.

This year's auction will showcase over 250 works of art by emerging, well-known and renowned Northern California artists.

Paula Wenzl Bellacera's "Chihuahua" (juror award, sculpture category); can be seen on TV at about 9 p.m. on September 21.

In addition to the juried art, the auction will also include

works by master artists Eric Dahlin, Gary Pruner, Gregory Kondos, Kurt Fishback, Larry Welden, Mel Ramos, Sandy Delehanty, and Victoria Brooks.

"This year's winning artworks were chosen through an extensive, in-person jury process from almost 600 total entries," said curator D. Neath in a press release. "The jurors did a beautiful job narrowing the collection and selecting the final award-winning works of art. When viewers tune-in, they will agree the art is an

outstanding reflection of the talent in our region."

Each artist's work will be showcased in a live 3-day auction broadcast on KVIE (ch. 6, check local listings) that starts Friday, September 20 from 8pm to 11pm and continues Saturday, September 21 and Sunday, September 22 from noon to 10pm.

A complete list of artists juried into the collection is online at kvie.org/artauction. Images and information on every piece of art up-for-bid will launch in September.

POLICE LOG

News items below are collected from police dispatchers' notes and arrest reports. The information in them has often not been verified beyond the initial reports.

Sept. 3, 7:39 a.m.

A citizen reported seeing marijuana plants growing in the back of a Manchester Street property.

Sept. 3, 8:19 a.m.

A vehicle was found burglarized on Tahoe Street. Gone was a suitcase with "expensive suits."

Sept. 3, 8:24 a.m.

A witness reported that there was a dresser in the front yard of a 4th Street property. On it, someone had written with a felt pen: "Smoke rocks & shoot cops."

Sept. 3, 12:39 p.m.

A woman reported that a female neighbor on Maple Street had run over her with a car, causing a serious injury to first woman's foot. She believed the incident was intentional.

Sept. 3, 2:41 p.m.

About 45 minutes earlier, there was this theft incident at the post office on Merkley Avenue: A man on bike threatened to beat up a citizen unless that person handed over his pen. The victim gave up the pen, and the suspect pedaled off with it.

Sept. 3, 3:39 p.m.

Three students were in the principal's office at River City High School. They had been caught smoking in the boys' room.

Sept. 3, 4:56 p.m.

A man said he had been in the checkout line at a Riverpoint Court store when a female customer began repeatedly ramming him with her shopping cart. He said he was slightly injured, but didn't need medical help. He lost contact with the police calltaker while trying to get a photo of the assailant.

Sept. 3, 5:27 p.m.

Someone cut the lock from a mountain bike parked at the library, and made off with the bike.

Sept. 3, 7:50 p.m.

At Martinique Street and Marshall Road: "Two-vehicle TC (traffic

See POLICE LOG, p. 4

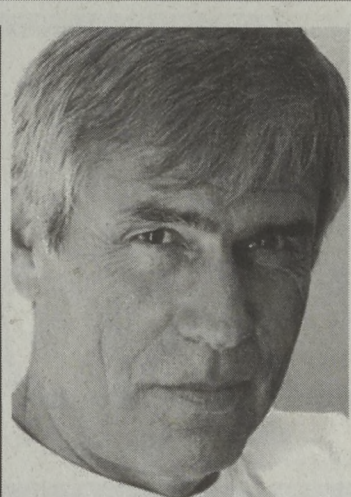


Dogs are from Mars, cats are from Venus?

As some of you may recall, a few weeks ago I wrote my very first column about cats, and I have been really surprised by all the response it has received. Apparently West Sacramento is overflowing with cat lovers, including a very nice couple I ran into the other afternoon while I was getting a Subway sandwich for lunch. They told me they had read the column and the husband said he had even laughed out loud at the ending, which had to do with husbands sometimes being just like their cats in terms of wanting to be fed on time, walking away from people in mid-sentence, and getting into all kinds of trouble if their wives let them out of the house after the sun goes down. Anyway, as much as I have enjoyed hearing by phone and email the many different responses to my little cat column, what I have really found interesting is a bunch of articles a reader sent me, all proclaiming that there actually are major personality differences between cat lovers and dog lovers.

For instance, it would appear that most dog owners live in the southern and middle part of the country, while the majority of cat owners can be found on the west and east coasts. Vermont residents have the most cat owners, with just under 50% of them housing at least one feline. Arizonians, on the other hand, are really into their dogs, with more than 50% of them

My Back Pages



By Daryl Fisher

owning at least one dog.

I also learned that all of us are loving our dogs and cats to death, with 40% of cats and 90% of dogs weighing more than they should; that men own more dogs than cats and women own more cats than dogs; and that dog owners are more likely to be Democrats, friendly, spontaneous, conservative and live in rural places, while cat owners are more likely to be Republicans, independent-minded, organized, and city dwellers.

Now of course there are lots of exceptions to every rule or generality, especially when you are talking about cat and dog lovers (some people of course love both). But it was kind of fun to read what some of the articles had to say about the very different personality traits

that seem to go along with being a dog or cat owner. In fact, one of the articles went so far as to say that cat lovers are simply smarter than dog lovers, not to mention more introverted and neurotic. Oh, and cat owners are apparently quite a bit more likely to "loathe" dogs, whereas 74% of dog owners interviewed in one of the studies said they wouldn't mind having a cat in the house, too. But my favorite of all the differences between dog and cat owners was a study done about what TV shows they like, with dog people preferring "American Idol" and "Everybody Loves Raymond", while cat owners were into "CSI" and "Real Time with Bill Maher."

So, armed with all this interesting information about the seemingly real differences between cat lovers and dog lovers, I decided to have another little chat with the very nice lady I mentioned in my earlier cat column. She has a house full of cats and I wanted to get her take on all my research. And our conversation went a little something like this:

"Some of what you say seems to be true," said my friend, "but I'm not so sure about us cat owners being smarter than dog owners. I actually think it has more to do with cats being smarter than dogs, not with whether their owners are smart or not."

"What do you mean?" I asked with interest.

"Well, for instance, cats would rather sleep than go for a walk, and that seems pretty smart to me. Plus cats seek out play and attention on their own terms, while dogs let their owners be in charge of that. In other words, cats decide what their day is going to be like, while dogs are

Dog people prefer "American Idol" and "Everybody Loves Raymond," while cat owners were into "CSI" and "Real Time with Bill Maher."

pretty much at the mercy of their owners, and in my way of thinking, that makes a cat much smarter."

"I don't know," I said. "I've been around some pretty smart dogs. Plus dogs have bigger hearts. When's the last time a cat rescued their owner from a burning building or helped a policeman capture a criminal?"

"Daryl, you don't have to stand up for dogs with me," my friend assured me. "I'm not one of those cat lovers who hates dogs. I love all animals great and small, and that includes dogs."

"So then how come you only have cats?"

"Maybe it's just because I've always secretly wanted to look like a cat, you know, sleek and elegant. But do you really want to know the truth?"

"Of course."

"It's actually very simple. It's because cats never come up to me and sniff under my skirt and put their ice-cold wet noses on my bare legs, both of which happen to gross me out! And until dogs stop doing that and also smell a little better, I will just stick with my cats!"

LYON REAL ESTATE
www.Golyon.com

Over 40 years of combined West Sacramento real estate experience.

Brenda Morazzini, Realtor
916-804-4114
Brenda@WestSacHomes.com
Lic# 01225232

Jeff Morazzini, Broker Associate
916-996-6160
Jeff@WestSacHomes.com
Lic# 01125387

The market is changing. What is your house worth? Call today to find out!

'Across the Bridge': Events around the region

Free museum day

Six Sacramento-area museums are offering free admission all day on September 28. Free tickets are available for download at www.smithsonianmag.com/museumday, a good one for two guests. The participating museums are Aerospace Museum of California, Californian Automobile Museum, California State Military Museum, California State Railroad Museum, Maidu Museum & Historical Site and the California Museum.

A valid email address is required and the offer is limited to one ticket per household.

Labyrinth walk

A labyrinth will be open to all who wish to join in celebrating a World Day of Prayer, hosted by the Unity Center of Davis. The labyrinth will be set up in the Davis Veterans' Memorial Center Club Room, 203 14th Street, on September 12 from 7-8 pm. For more information visit www.unityofdavis.org or call 530-

758-2424.

California's real gold

As part of an ongoing focus to provide high-energy, interactive and educational activities, Sutter's Fort State Historic Park will present a special "Hands on History: Harvest - the Real Gold of California" on September 21 at Sutter's Fort, 2701 L Street in Sacramento. The event will focus on harvest time at the fort and visitors will step back in time and help thresh and winnow wheat,

turn the stones on the grist mill, make rope, and learn to use a lasso. There will also be cannon firings and musket demonstrations. Cost is \$7 per adult and \$5 for ages 6-17. For more information call 445-4422 or visit www.suttersfort.org.

Women's health and wealth conference

The Capital Region Women's Conference will sponsor a daylong event on September 27th at the Sacramento Convention

See BRIDGE, p.3

THE NEWS-LEDGER
WEST SACRAMENTO'S CHOICE
www.WestSac.com
www.News-Ledger.com
Independent. More Subscribers.
'Official Newspaper of Record
for the City of West Sacramento'
MEMBER, Calif. Newspaper Publishers Assn.

The News-Ledger was founded August 26, 1964. It is the successor to the Weekly Reader, founded by Julius A. Feher in April, 1938, and incorporates the West Sacramento News, founded by Julius A. Feher in August, 1942.

The News-Ledger is a weekly newspaper published every Wednesday. It provides coverage by mail and other distribution to the city of West Sacramento, including the communities of West Sacramento, Bryte, Broderick and Southport.

The News-Ledger is a newspaper of general circulation by Yolo County Superior Court decrees No. 21893, dated June 1, 1967, and No. 29812, dated June 4, 1973. Published by:

The News-Ledger LLC
Successor to founders Julius A. Feher & Michael P. Garten
Steven K. Marschke, Publisher & Editor
Daryl Fisher, Features Editor
Eric Harding, Web Developer
Daryl Fisher, Advertising Director

News-Ledger (USPS #388-320) is published weekly. Periodicals Postage paid at West Sacramento CA 95799. POSTMASTER: Send address changes to News-Ledger, 1040 W. Capitol Ave., Suite B, West Sacramento CA 95691-2715.

Price per copy: 35 cents. Subscription price: \$20.00 per year within Yolo County (including West Sacramento); \$25.00 per year elsewhere in the United States. Delivery by mail. Call (916) 371-8030.

News submissions: The News-Ledger welcomes information on local news

and events. Please submit written news items to the below address by mail or in person, or through the office mail slot. News deadline is Friday before publication. Please include your name for attribution and your phone number in case we have any questions.

Opinion submissions: Letters to the Editor on topics of local interest are welcome. They must be signed, original, and must include the author's telephone number and address for verification. Letters should be brief and may be edited for length or objectionable or libelous content. Deadline is Friday before publication, and letters may be mailed or dropped off at the News-Ledger office.

Advertising: The deadline for classified advertisements is prior Friday at 5 p.m., and ads should be prepaid. An ad of up to 25 words costs \$3.50, plus 10 cents for each additional word, per publication. Please mail ad and payment to the address below, or drop it off in the News-Ledger office or through the office mail slot.

Deadline for all other advertising is 5 p.m. on Friday. Please call 371-8030 for information on display advertising and advertising inserts.

Entire contents protected under federal copyright law 2013. No reproduction of any portion of this newspaper may be made without the written permission of the publisher.

The News-Ledger
P.O. Box 463
1040 West Capitol Ave., Suite B
West Sacramento, CA 95691
(916) 371-8030

Obituaries

Joyce C. Blevins

Joyce Blevins passed away on September 4, 2013 in Sacramento. She was the beloved wife of 56 years to Bill Blevins of West Sacramento; the loving mother of LaVerna Santillano (David) and Lonnie J. Blevins; the honorary sister of Bob Strasser (Mary Ann) and Freddy Strasser (Cindy); the devoted grandmother of Nicholas (Chelsey), Michael, Marcus (Lauren), Christine (Vicente) and Lonnie Jr.; and the great grandmother of Augustine. Joyce was a member of the Ladies Auxiliary VFW Post #9498 of Bryte, the Wandering Campers Club

and the Women of Moose, Lodge #1431.

Funeral services were held on September 11, 2013 at River Cities Funeral Chapel in West Sacramento. Interment was in Sacramento Memorial Lawn.

Angela Mitchell

Angela Mitchell, 54, passed away on September 5, 2013 after a hard-fought battle with cancer.

"Lala" took great pride and joy in her family, in being a lifelong resident of West Sacramento, and in her Greek heritage. She had a unique spirit, huge heart, great sense of humor, and cherished her family and



Angela Mitchell

friends. She was fiercely loyal, wonderfully unconventional, and filled the lives of those around her with joy, laughter, and love.

Angela is survived by her fathers, William Fawcett

and John Mitchell; sisters, Irene Ladd and Evelyn Anderson; beloved nieces and nephews; adored great nieces and great nephews; and treasured pets, Little Boy and Mushitz. She was preceded in death by her beloved mother, Helen Fawcett, who she will join in rest at a private family graveside service.

Friends and family are invited to a celebration of Angela's life at the VFW Hall, 905 Drever Street in West Sacramento on September 16, 2013 at 5:30 pm. Remembrances can be made to the SPCA or the Sarcoma Foundation of America.



Linda S. Patrick, Esq.
Law Offices of Guy G. Gibson Jr.
1540 Jefferson Blvd., W. Sac. CA 95691
Phone 916.371.5780
Fax 916.371.1624 • patricksp@aol.com

Linda S. Patrick Attorney at Law

Prompt, professional & courteous service to the West Sacramento community since 1971.

- ♦ Wills ♦ Trusts
- ♦ Probate
- ♦ Powers of Attorney
- ♦ Advance Healthcare Directives
- ♦ Bankruptcy, Chapters 11 & 13

For Personal Injury Law, call Donald D. Fowler, Atty., 371-5780.

SERVING FAMILIES IN WEST SACRAMENTO SINCE 1962
FD #1082



VETERANS:
You are welcome to use our parking lot for your VFW event parking - subject to availability and to the type of event.

Simply call 371-4535 for info.

RIVER CITIES FUNERAL CHAPEL

(916) 371-4535 • 910 Soule St., West Sac. CA 95691

♦ Complete Funeral Services ♦ Cremation or Burial ♦ We Use All Cemeteries ♦ World Wide Shipping ♦ Insurance Funded ♦ Pre-Need Plans With Price

Our funeral home is owned, managed and cared for by the Daniel family of West Sacramento, representing five generations of funeral service.

910 SOULE STREET ♦ WEST SACRAMENTO CA 95691

Public forum on new California school curriculum

There will be a free forum on reforming public education, Monday evening in Davis. "A New Vision for Public Education" is scheduled for 7 p.m. at the Brunelle Performing Arts Center, Davis Senior High School.

The Obama administration has given eight California districts a waiver from No Child Left Behind (NCLB). The eight make up a collaborative known as the California Office to Reform Education, or CORE, said Julie Blacklock, president of the Yolo County School Boards Association.

"In exchange for the waiver, the CORE districts will collaboratively develop plans to prepare all students for college

and career, focus aid on the neediest students, and support effective teaching and leadership," Blacklock said in a press release.

In the press statement, U.S. Education Secretary Arne Duncan added, "The CORE districts have been engaged in collaboration and innovation designed to promote deep student learning and effective implementation of new standards that will prepare students for college and a career. The districts' approved plan includes key accountability components that when implemented will surpass the rigor of the current NCLB system and provide an opportunity to expand innovative interventions and practices

that can improve student achievement."

At the forum, CORE Executive Director Rick Miller on September 16 at 7:00 p.m. in Davis. Miller will discuss CORE's plans to innovate, implement and scale new strategies and tools to help students succeed and school districts to meet the challenges of the 21st century.

Mayor Christopher Cabaldon of West Sacramento, Superintendent Jonathan Raymond of Sacramento City Unified and Professor Tom Timar of School of Education at UC Davis will offer reflections on the local implications of NCLB and opportunities presented by the CORE waiver.

LOCAL from p. 10

advice on Disaster Preparedness at a free workshop at 6 p.m. on Thursday, Sept. 12, in the Arthur F. Turner Branch Library, 1212 Merkley Avenue.

Farmers market

The market is back on Thursdays evenings through September on the 1100-block of West Capitol Avenue, near the civic center. The market is on West Capitol in front of

city hall.

Selected evenings will include a special sit-down dinner for which tickets are available. For information and tickets, watch www.wsfarmersmarket.com. New to the market this year will be a series of food trucks.

Market hours are 4:30 p.m. to dusk on Thursdays.

Veterans Day parade

A West Sacramento Veterans Day Parade is planned for Nov. 11, organized by the Bryte & Broderick Community Action Network (BBCAN). This year's parade route will be in the city's Bryte (northwestern) neighborhood. Groups, businesses and local veterans who wish to participate should contact Alicia Cruz, 640-3677.

Planning meetings are scheduled for Oct. 17 & 21.

'Harry Potter' festival

You can watch every "Harry Potter" movie for free – and fortunately, you don't have to do it all in one sitting. Viewings are planned at 2 p.m. on Saturdays, September 7, 14, 21 and 28, and Oct. 5, 12, 19 & 26, in the library at 1212 Merkley Avenue. Enter through Platform 9 ¾.

Vintage fashion

Crickets Creative Apparel presents "Vintage Fashion Follies," showcasing "fashions from 1850 to present," from 4:30-7:30 p.m. on Sat., Oct. 19, at the West Sacramento Community Center's Black Box Theater (1075 West Capitol Ave.).

The event is a fundraiser for the West Sacramento Historical Society. \$25 in advance or \$30 at the door; includes door prize opportunities, hors d'oeuvres and beverages (alcohol sold separately). For tickets, go to www.brownpapertickets.com/event/451130. To buy with cash or check, call 372-7438. Prepaid tickets will be available at 'Will Call.'

For information, call 372-7438 or email cecilia.vas@earthlink.net or thom4@earthlink.net.

Food giveaway

The Yolo County Food Bank will hand out free food in West Sacramento and Clarksburg on Tuesday, September 17. The event will take place at the West Sacramento County Building, 500 Jefferson, from 9-10 a.m.; Trinity Presbyterian Church at 1500 Park Blvd. from 10:30-11:15 a.m.; Yolo Housing Authority, 685 Lighthouse Dr., from 11-noon; and the Clarksburg Firehouse from noon to 1 p.m. Please visit only one site, and bring a bag.

For information, call (530) 668-0690.

Multicultural fair

The West Sacramento Multicultural Fair returns to West Sacramento on Sat., Oct. 5, from 10 a.m. to 4 p.m. at San Pedro Park, 708 N. Hobson Avenue. There will be food, music, dance, local artists, games and more. Community organizations and vendors are invited to reserve a booth. Visit <http://www.bryteandbroderick.org/FairandParade2013.cfm>.

Fraud prevention

A fraud awareness fair is planned for Oct. 16, from 10 a.m. to 2 p.m. at West Sacramento's city hall (1110 West Capitol Avenue). There will be information on fraud prevention, workshops from various law enforcement agencies and financial institutions and more. You're invited.

Need a barn cat?

There are some cats at the Yolo County Animal Service Shelter that might not be sociable enough for home adoption, but which would make a great addition to a farm, ranch or rural home. If you need some help with rodent control, consider adopting one of these cats, which come spayed, neutered and vaccinated. Call Angela Kinn at (530) 662-8858, or email ycarescue@hotmail.com.

Streetcar project

The City of West Sacramento will host an open house on the proposed downtown streetcar project, intended to connect West Sacramento and downtown Sacramento. There will be a presentation and a chance to ask questions and share opinions, at the event from 4-6 p.m. on Thursday, Sept. 19, at the West Sacramento City Hall Galleria, 1110 West Capitol

Avenue. The city presentation will take place at 5 p.m.

Riverbank Festival

Riverbank Elementary School invites you to its annual "Harvest Festival" from 5-8 p.m. on Sept. 19, 1100 Carrie Street. Free entrance, with food and carnival games for sale. Vendors, contact Alicia Cruz, 640-3677.

YOUR LOCAL JUNK HAULER

CHUCK
your **JUNK**

LIC.# 15533

(916) 877 4581

info@chuckyourjunk.biz ■ www.chuckyourjunk.biz

CUBESMART
storage + logistics

UP TO TWO
MONTHS FREE!!*

*Some restrictions.
Must present this ad at rental.

WE OFFER:

- Secure entry!
- Variety of unit sizes
- Month-to-month rentals
- Competitive pricing
- Boxes & packing supplies
- RV, auto, boat storage
- On-site manager



REBECCA JOHNSON, Mgr.

GATE: 6am-10pm, 365 days/year
OPEN 7 DAYS A WEEK!

541 Harbor Blvd, West Sacramento
(916) 371-6882 ■ www.u-store-it.com

In Loving Memory of

James Watkins Schmalzel

Former Resident of Benson, AZ ♦ 1933-2013

Jim, 79, passed away on July 20. He was born to Joe and Lucile Schmalzel, July 28, 1933, in Bisbee, Arizona.

Jim was predeceased by his older brother Joe in 2005. He is survived by his devoted wife, Priscilla of 54 years; his son Bill, wife Laurie and sons Eric and Ryan, and grandson Andre of West Sacramento, son Steve, wife Christie with their children Alex and Andie of Fortuna, son Ed, wife Karen and their children Brock, Dana and Carter of Clovis, brother-in-law Dick Hamilton, wife Bertha, and sister-in-law Janet Hearn of Benson, Arizona.

Jim was raised in Benson, Arizona, graduating from Benson Union High School in 1951 where he was selected as an All-State running back for his senior season. Jim attended and played football at Stanford University, then transferred and graduated from the University of Arizona in 1956, with honors, in mechanical engineering. He would spend the next 30 years working for Babcock & Wilcox in San Francisco and Walnut Creek as a project engineer. After retiring from B&W, Jim kept busy by working at Exxon, taking courses at DVC, and volunteering at the Leshar Theatre; the Suicide & Crisis Hotline, Meals on Wheels, the Clayton Library, Operation Shoebox, Boy Scouts of America, coach and board member for PCL and CAL, and the Concord Police Department's Crime Scene Investigation with good friend Ekk Keller.

Jim married Pris on June 5, 1959 in Tampa, Florida. After short stays in Georgia, Lafayette, Atascadero, Pacheco, and Concord, they decided to raise their sons in Clayton, where they have lived since 1965. Jim was a world traveler and had placed a foot on all seven continents. With his favorite traveling companion Pris and sister-in-law Janet, they share such favorite locations as Africa, Mongolia, Antarctica, Magdalen Islands, Iceland, and Scotland.

An avid Giant and 49er fan, Jim's most joyous times were when his family and their friends would visit, especially the grandkids. Many exciting games of croquet and bocce ball, bird-watching, and great conversations were had in their backyard.

Jim's family is very appreciative of the wonderful, professional, and caring men and women of the Clayton Police Department and the Fire Departments of Concord and Clayton who responded so timely to assist him at home. Memorial donations may be given to the Clayton Police Department's Heart Safe Communities Program (6000 Heritage Trail, Clayton, 94517, Police Chief Thorsen at 673-7350) or Concord Police Department's K9 Association (1350 Galindo Street, Concord, 94520).

Service and interment will be held at a pending date in Benson, Arizona.



BRIDGE from p. 2

Center that will address the health and wealth challenges of time, energy, growth, community and balance being faced by more and more women. The conference will focus on bettering the lives of women by helping them find the tools they need to build and foster better relationships with themselves and others. During breaks attendees can sample and sign up for new services, goods, foods, and experience workouts, massages, obstacle courses, activities and technologies. To purchase a ticket or

for more information, including a list of panels and speakers, go to www.capegrionwomen.com.

Widowed persons

The Widowed Persons Association of California meet every Sunday from 3-5 pm in the meeting room of the WPAC office, 2628 El Camino Avenue, Suite D-18 in Sacramento. The support group is designed to help those recently widowed, but any and all widows and widowers are welcome to attend. There is no charge and for more information call 972-9722.

Affordable Living!

Move into the
JACK LOPES MOBILE HOME PARK!

GREAT LOCATION!
MINUTES FROM:

- ♦ Downtown
- ♦ Shopping
- ♦ Restaurants
- ♦ Public Transportation

LOW & AFFORDABLE RATES!
Boat & RV Storage
Also Available

- ♦ RV/Trailer Living Spaces -- Rent or Lease
- ♦ Month-to-Month or Long-Term Leases

Jack Lopes Mobile Home Park

2125 W Capitol Ave, West Sac. CA 95691

Call (916) 719-6733



Mark F. Johannessen
J.D., M.B.A., C.P.A.
Attorney-Mediator

"Divorce Done Differently"
DIVORCE MEDIATION
488-5088

www.familylawcenter.us

Respectful, Professional
and Economical

Flexible Hours and Locations

Collaborative Practice • Litigation

FAMILY LAW CENTER

1722 Professional Drive, Sacramento, CA 95826

Got talent with words or photos?

The News-Ledger is looking for a few good people to help report on local issues or take photos.

If you have an interest in writing a little bit about local schools, local sports or other news -- or if you want to publish your pictures of civic events or local sports -- we'd like to hear from you. Most opportunities are for volunteer writers/photographers, but a stipend is possible for some work.

Contact Editor Steve Marschke at:
steve@news-ledger.com

PORTRAIT & WEDDING PHOTOGRAPHY



West Sacramento Based

Photo Retouching & Restoration

Family, Business,
Senior & Graduation
Portraits

Wedding, Event & Sports
Photography

www.ebharding.com • 916-538-FOTO

Sacramento City College West Sacramento Center

SUMMER & FALL 2013 schedules are available online.



Visit our website today:

www.scc.losrios.edu/westsacramento

1115 West Capitol Avenue, West Sacramento, CA 95691

POLICE LOG continued from front page

collision), air bags deployed, occupants out of vehicles and fighting now."

Sept. 4, 9:28 a.m.

A citizen reported escalating gang graffiti at a Todhunter Avenue apartment complex. Rival gangs were apparently overwriting each others' messages.

The citizen was "concerned because one gang sign was 'tagged over' by another gang, and it seems like tension is brewing."

Sept. 4, 11:10 a.m.

A Fillmore Place resident complained of an ongoing problem with a neighbor's "constantly" barking dog. The calltaker could hear the dog in the background of the call. The resident offered to sign a complaint.

Sept. 4, 12:19 p.m.

A witness on Lighthouse Drive said there was a "kid on an adult size bike trying to sell bullets." The young arms dealer dropped one. He was described as about 17 years old "with messy hair."

Sept. 4, 12:27 p.m.

A law enforcement agency reported that plainclothes officers would be staging an operation on the 1600-block of West Capitol, and patrol officers should stay away.

Sept. 4, 12:51 p.m.

A caller told police he had arranged to sell his yellow Maligudi scooter after a transaction started on the Craigslist internet site. Buyer and seller agreed to

meet at Raley Field. Then the buyer "just drove off with it," and was last seen heading toward the Tower Bridge.

Sept. 4, 1:46 p.m.

A Collins Street woman said she was being continually harassed by a neighbor.

"Today, (an) unknown subject put a bunch of rotten plants full of mildew on her porch."

Sept. 4, 3:31 p.m.

A drug company on Riverside Parkway reported it had video showing that an employee broke in after hours and stole products.

Sept. 4, 4:49 p.m.

A woman reported she was "almost attacked" by two dogs on Limewood Road, and "barely made it to her car before she was attacked." The dogs' owners then called the animals back to their house.

Sept. 4, 5:22 p.m.

A citizen reported seeing a group of boys riding a supermarket's electric cart down Lake Washington Boulevard. The witness called the store, which was unable to locate its cart on the premises.

Sept. 4, 7:31 p.m.

An "aggressive Chihuahua" bit a citizen three times on the leg, near Westacre Road and Portsmouth Avenue. The dog had apparently bit "a couple other pedestrians" as well.

Sept. 4, 8:26 p.m.

A food distributor on Reed Avenue contacted the police department to report it "has 10 cases of chicken nuggets and was told to call and see if PD would pick them up for donations."

Sept. 4, 10:57 p.m.

A 20-year old Sacramento woman was arrested for shoplifting at a Riverpoint Court store.

Sept. 5, 2:18 a.m.

An officer stopped a Ford Explorer that had no license plates, at Jefferson & West Capitol. In it were a 58-year old Maple Street resident and his dog. The man said he had just purchased the vehicle, and admitted having a suspended driver's license. The officer found a baggie with 0.2 grams of methamphetamine on the floor in the back, next to the dog's food bowl.

Sept. 5, 3:03 p.m.

A 42-year old north-city man was arrested for a domestic violence incident that took place the day before.

Sept. 5, 1 a.m.

A "loss prevention" department employee at a Riverpoint Court store told police a 25-year old woman had just stolen some cosmetics and left on foot.

Sept. 5, 1:07 a.m.

Police received notice that the cell phone belonging to a missing woman was "pinging" (showing its location by interacting with cell phone towers) near West Capitol and Poplar avenues. The woman might be there with a known gang member, against her will.

Sept. 5, 8:57 a.m.

On Madrone Avenue: "There is a subject on drugs, banging on the front door, looking for a female named Rachel."

Sept. 5, 9:40 a.m.

A witness said a drug deal was occurring in a Riverpoint Court parking lot. In the suspects' car were two men, a woman and a baby.

Sept. 5, 9:51 a.m.

A motel on the 600-block of West Capitol Avenue reported there was someone in Room 115 who "didn't rent the room, but has the 'do not disturb' sign out."

Sept. 5, 11:14 a.m.

A witness reported seeing a man on the roof of a B Street apartment complex. The man possibly stole something from the roof before leaping off.

Sept. 5, 12:35 p.m.

A Beardsley Drive woman reported that a grandson's female friend had forced her weigh in and stolen some items.

Sept. 5, 2:56 p.m.

Two newly-planted trees were found broken, in a business complex on the 1500-block of Merkle Avenue.

Sept. 5, 5:38 p.m.

A man was seen pounding on a Madrone Avenue door. "He is asking for a female named Natasha and says she owes him ten million dollars," reported a resident.

Police arrived and found a 53-year old Sacramento man sitting I the grass. He admitted having had five beers that day.

An officer reported that "he stated that if we left, he was going to go back and knock on the same door." So police didn't leave without arresting him.

Sept. 7, 9:34 a.m.

A Triangle Court business person reported that someone had apparently been trying to burglarize the frozen food distribution facility.

"It appeared that the door lock keyhole had been drilled in an attempt to gain access to the business. . . Over the past few days, it appears the drill hole in the lock has gotten larger."

Thieves were possibly

interested in some office computers.

Sept. 8, 7 a.m.

A Haverhill Street woman called police. She said she had tried to buy some movie tickets with her "Direct Express" card from Social Security. The purchase was declined, and she learned the card's funding had been drained

Someone had used the card

for three purchases of over \$250 each at drug stores in Maryland – a place the card's owner had never been.

Sept. 8, 3:48 p.m.

A man reported he had parked his Toyota 4-Runner at 9:30 p.m. in front of a Stillwater Road hotel. At 9:15 a.m., the vehicle's catalytic converter was gone.

CREST JEWELERS

- ♦ Jewelry
- ♦ Watches
- ♦ Sales
- ♦ Repair

WE BUY SCRAP GOLD!!

Family-owned with pride by the Macias family since 1967!

1296 West Capitol Ave (at Safeway Center) • 371-6440

Havey's Barber Shop

William 'Bill' Havey, Jr.
849 Jefferson Blvd., Suite 103
West Sacramento • 371-4921
Next door to 'Le Bou'

PEREGRINE SCHOOL

an independent school for the arts and sciences

Peregrine School is a nonprofit private school that strives to integrate the rigorous academics of a classical liberal arts education with child-centered, project-based learning.

Preschool through grade six.

In Davis, just 18 minutes from Downtown Sacramento (530) 753-5500

NOW ENROLLING www.peregrineschool.org

West Sacramento Gun Store Southport Area

AIM-U-NATION

YOUR ONE "ONE STOP SHOP,"
FOR GUNS, AMMO, AND PREPPER GEAR

916-668-5988

2959 Promenade St, #200
West Sacramento, CA 95691

OPEN TO THE PUBLIC!

MON-SAT
11 AM - 7 PM

follow us on

Bring this AD in for 10% off | www.aimunation.com

Perry Palamidessi
Cell: (916) 425-1270
perry.palamidessi@cbsnorcal.com
www.PerrySellsWestSac.com
Your West Sacramento Real Estate Expert
DRE #01298980

Coldwell Banker
#1 in California!

RESIDENTIAL BROKERAGE

Charyl M. Silva, D.C.
West Sacramento Chiropractic

'Good Health Naturally'
-- Offering Therapeutic Massage --
1044 Jefferson Boulevard
West Sacramento, CA 95691
(916) 372-8383

ALL SERVICE MAINTENANCE
Dave Johnson ■ (916) 375-1993
Free Estimates ■ Senior Discount

Plumbing	Caretaking
Tree Care/Removal	Yard Cleanup
Fences	Carpentry
Decks	Landscaping
General Handyman	Hauling
Property Maint.	No job too small!
	Lic. #12746

Professional Carpet Cleaning Done Right!

(916) 893-1937 ■ Residential & Commercial

Cont. Lic. #552529

Emergency?

J & J PLUMBING

(916) 761-4990

PLUMBING & REMODELING
SEWER & DRAINWORK

John & Ed Yeargin 371-4151

Get your local event publicized on West Sac's best local calendar! Send it to the News-Ledger's 'Local Scene' page several weeks in advance.

Email: steve@news-ledger.com
(Don't forget the 'dash' in the address)

DINING, TRAVEL & ENTERTAINMENT

COUCH THEATER DVD PREVIEW

PICKS OF THE WEEK

"Iron Man 3" (PG-13) -- Marvel's metal hero is back in action. Billionaire inventor and not-so-secretly Iron Man, Tony Stark (Robert Downey Jr.) is enjoying his money and new relationship with his assistant, Pepper Potts (Gwyneth Paltrow). Everything comes crumbling down when The Mandarin -- an updated villain from the comic-book series -- starts to terrorize the USA.

Just like in the last two, Downey Jr. is a nonstop current of pithy jokes and smugness -- both inside and out of his Iron Man suit. Stark is a powerful personality on his own,

and this script takes full advantage while delivering more action than the previous installment.

"Redemption" (R) -- Joey Jones (Jason Statham) is an ex-special forces veteran of Afghanistan. Back in London, he lives on the streets and struggles with vivid flashbacks of the war. Despite his deep emotional scars, Joey is one hell of a tough guy and soon starts working as muscle for some local mobsters (it's OK, he's doing it for good reasons.)

The movie is a little distracted, and gets pretty boring between bone-crunching fights. Statham is dealing with his own emotional damage, trying to woo a saintly nun (Agata Buzek) who works at the soup kitchen, seeking vengeance for a girl he knew on the streets, AND trying to re-



Gwyneth Paltrow, Robert Downey Jr. in "Iron Man 3"

deem himself in the eyes of his daughter's mother.

"Unfinished Song" (PG-13) -- Arthur (Terence Stamp)

is one of those grumpy old fellas who wouldn't dream of doing anything whimsical or adventurous.

Books

"Loyalty: The Vexing Virtue"

by Eric Felten
(Simon & Schuster, \$25)
Reviewed by Chris Richcreek

They say that good things often come in small packages. In "Loyalty: The Vexing Virtue," Eric Felten, a Wall Street Journal columnist, uses the small stature of his book to offer large amount of thought about the true meaning and viability of loyalty.

People generally think of loyalty as a good thing,

something to strive for. Felten points out how it's a lot more complicated, and challenging, than its surface meaning.

For example, what happens when loyalty to your country comes into conflict with loyalty to your family? After all, it was the Unabomber's own brother who eventually turned him in to authorities.

Loyalty is a key component of the marriage bond, yet as Felten points out, it is trampled on so often, it calls into question the idea of true commitment.

Today's business loyalty also is questionable. Felten asks who is it that usually gets the key perks: the longtime loyal employee or the youthful newcomer with talent who will jump

See BOOKS, p. 7



The Buzz About Honey

Honey is a complex ingredient, and its harvesting is an ancient artisanal craft that is both an art and science. From beehive to supermarket and finally reaching the table, the harvesting of honey is a compelling story.

Honeybees gather nectar from flowering plants, and beekeepers collect honey from the hives. It is next shipped off to a honey packer, who warms the honey and removes any foreign

material or residue from the beehive, including whatever pollens might have been introduced during the extraction process. With more than 300 varieties of honey found in the United States, it ranges greatly in flavor and appearance.

"The bees simply collect nectar, add a few enzymes and store it in the honeycomb. But all of the color, the flavor, the aroma, the antioxidants, whatever constituents are in the honey, comes from the particular flower from which the nectar was collected," said 40-year-veteran beekeeper Gene Brandi.

Honey has been in the news recently, with topics ranging from its source



to its authenticity. In a 2013 Attitude and Usage study, the National Honey Board learned that when purchasing honey, 48 percent of consumers prefer for honey to be brilliantly clear and golden. Consumers also were increasingly likely to prefer honey that has pollen grains filtered out. This is one of several myths that need clarification, according to the NHB.

The fact is, whether there is pollen in honey or not, it's still honey.

"There has been some confusion about honey and honey filtration," said Bruce Boynton, CEO of the National Honey Board. "The term 'ultrafiltration' has been misused in association with traditional filtration methods commonly used by many U.S. honey packers, leading some consumers to believe that any honey without pollen is not real honey. The truth is that honey is made by honey bees from the nectar of flowers and plants, not pollen."

Honey is a unique ingredient that helps home cooks and professional chefs create countless recipes in the kitchen. This beloved ingredient also provides an all-natural energy boost, and acts as a natural cough suppressant and an effective skin moisturizer, nourishing the body inside and out. These simple recipes for Bees in the Garden Honey Glaze and Honey and Almond Shortbread beautifully showcase the floral flavors of honey. Try them and see what all the buzz is about!

BEEES IN THE GARDEN HONEY GLAZE

Use this sauce with fresh or cooked vegetables, mix it into baked or mashed sweet potatoes, drizzle on

cooked squash or use as a glaze for carrots, or sautéed celery or cucumbers.

1/4 cup honey
1/4 cup butter
2 tablespoons minced onion
1/2 teaspoon fresh thyme, crushed
1 teaspoon salt
1 teaspoon black pepper
1. In a saucepan, combine all the ingredients and bring the mixture to a boil. Cook for 2 minutes, stirring occasionally.
2. After use, pour any remaining honey sauce into an airtight container and refrigerate. Reheat the sauce in the microwave for 15 to 20 seconds and stir to recombine.

HONEY AND ALMOND SHORTBREAD

1 cup butter
1/3 cup honey
1 teaspoon vanilla
2 1/2 cups all-purpose flour
3/4 cup almonds, chopped and toasted

1. Preheat oven to 300 degrees F.
2. Cream the butter, honey and vanilla until fluffy. Add the flour, one cup at a time, blending well after each addition. If mixture becomes too stiff, knead in the remaining flour by hand. Work in nuts by hand.
3. Pat the dough into an ungreased, 9-inch cast-iron or heavy-bottomed, oven-proof skillet. Using a knife, mark the surface to divide the dough into 16, pie-shaped triangles. This allows the shortbread to be easily divided into serving pieces. With a fork, prick deeply into the scores.
4. Bake 35-40 minutes, until lightly browned. Cool 10 minutes. Remove from pan. Cut into wedges while warm, and serve.

Family-owned since 1935

CLUB PHEASANT

Restaurant & Cocktail Lounge

Italian Lunch & Dinner

Closed Mondays
Phone (916) 371-9530
Fax (916) 371-9553

Two miles south of Pioneer Memorial Bridge (US 50) on Jefferson Blvd., at Lake Washington Blvd. ■ West Sac.

Whitey's Jolly Kone

Tacos • Burgers • Shakes

GREAT FOOD.
FRIENDLY FOLKS.

4 West Sacramento
Tradition!
.00 Jefferson Blvd.
371-3605

Information on Local Rentals

S&S

Property Management

Bill Shower, Owner

(916) 371-1870 ■ Fax (916) 371-4929
1112 Jefferson Blvd., W. Sac. CA 95691
Email: rentals@sproperty.com

Comics & Puzzles

Super Crossword

Answers

Go Figure!

Weekly SUDOKU

FAIR WORDS

DIFFERENCES: 1. Letter is different. 2. Can is missing. 3. Beads are missing. 4. Stripe is missing. 5. Shirt is different. 6. Scoreboard is missing.

RINGLING BROS. PRESENTS THE GREATEST SHOW ON EARTH

BUFFALO AMAZE!

Opening Night Tickets \$11!

Excludes Circus Celebrity™, Front Row and VIP seats. No double discounts. Additional fees may apply.

SLEEP TRAIN ARENA

SEPT. 13-16

Fri. Sept. 13 7:00 PM*
Sat. Sept. 14 11:30 AM 3:30 PM 7:30 PM
Sun. Sept. 15 1:00 PM 5:00 PM
Mon. Sept. 16 7:00 PM

STOCKTON ARENA

SEPT. 20-22

Fri. Sept. 20 7:00 PM*
Sat. Sept. 21 11:30 AM 3:30 PM 7:30 PM
Sun. Sept. 22 1:00 PM 5:00 PM

Buy tickets at Ringling.com, ticketmaster® Retail Locations, Arena Box Offices or call 1-800-745-3000

For information, call (Sacramento): (916) 928-6900
Sacramento Regular Ticket Prices: \$20 • \$25 • \$45 VIP • \$65 Front Row \$95 Circus Celebrity
Additional fees may apply.

For information, call (Stockton): (209) 373-1400
Stockton Regular Ticket Prices: \$15 • \$20 • \$38 VIP • \$60 Front Row \$90 Circus Celebrity
Additional fees may apply.

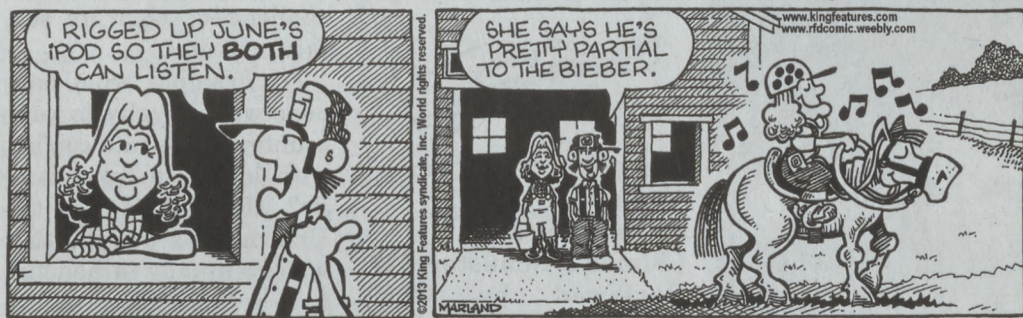
Come 90 minutes before show time to see our Asian elephants at the Animal Open House™. Then, come meet the stars an hour before the show at the All Access Pre-show - FREE ADMISSION to all ticket holders!

#RinglingBros

PUZZLES & COMICS

R.F.D.

by Mike Marland



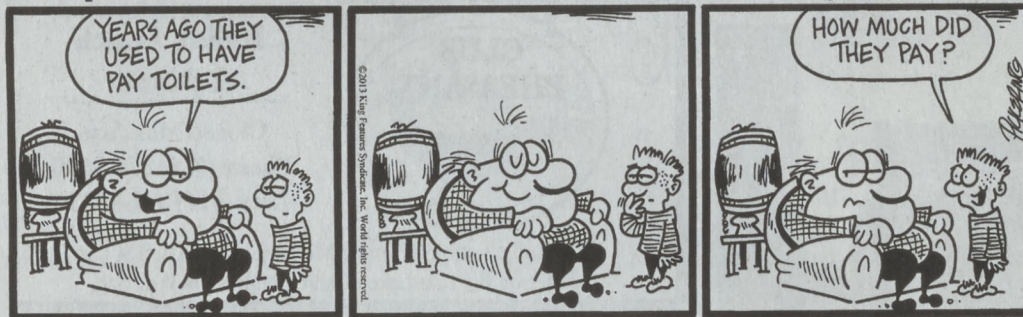
Amber Waves

by Dave T. Phipps



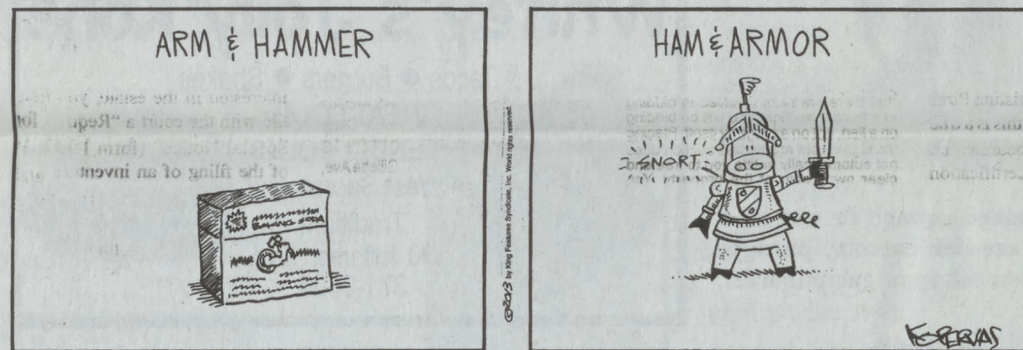
The Spats

by Jeff Pickering

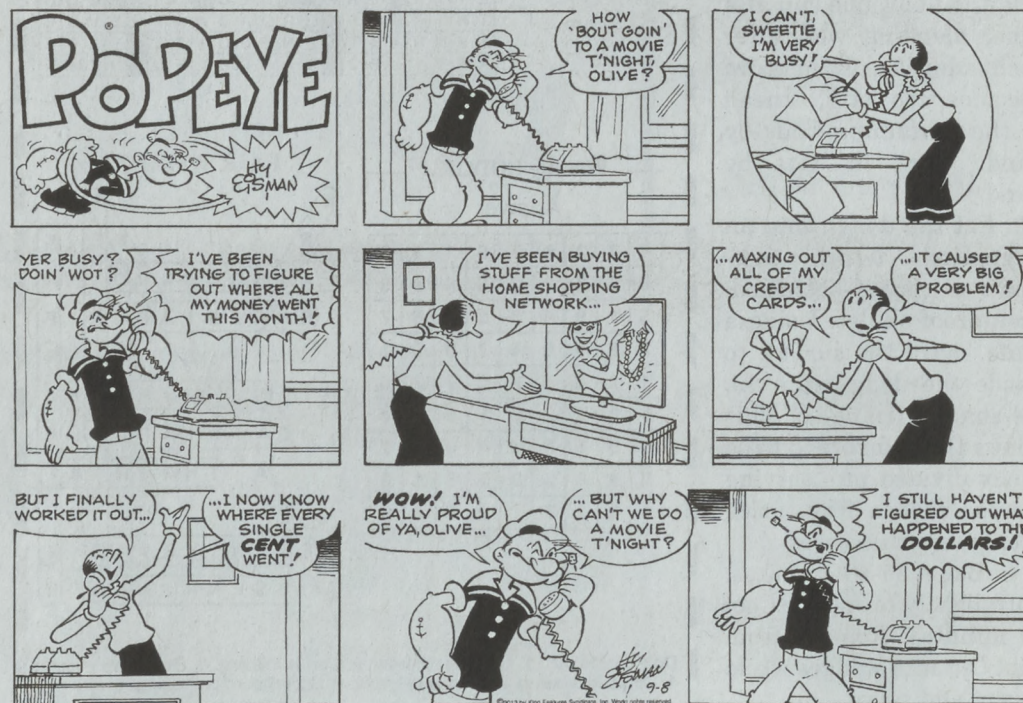
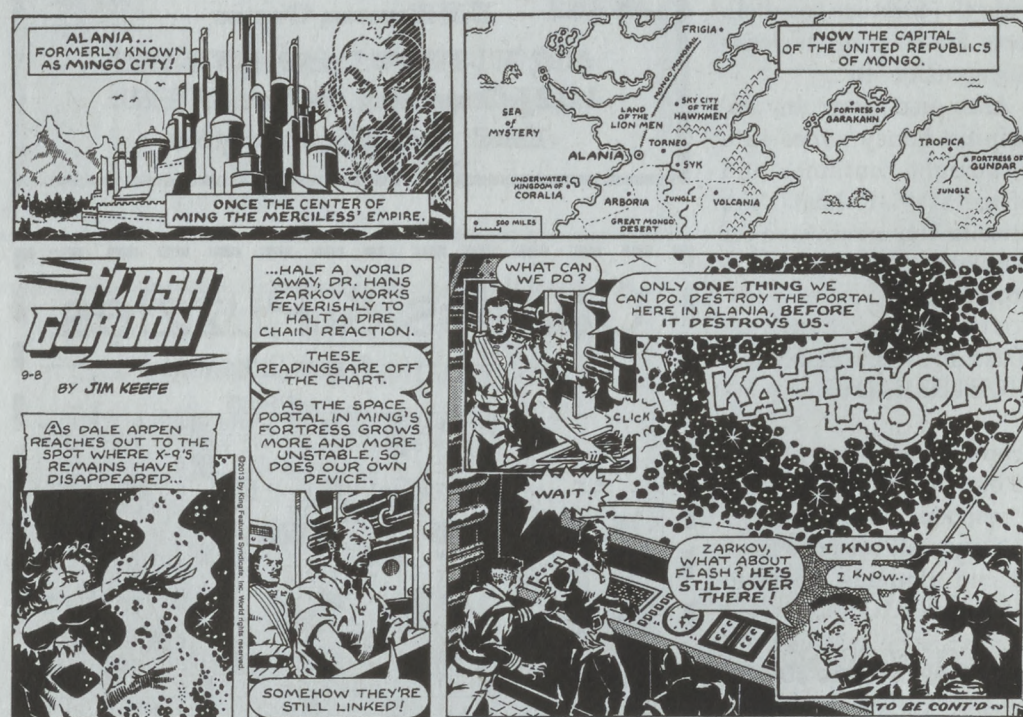


Out on a Limb

by Gary Kopervas



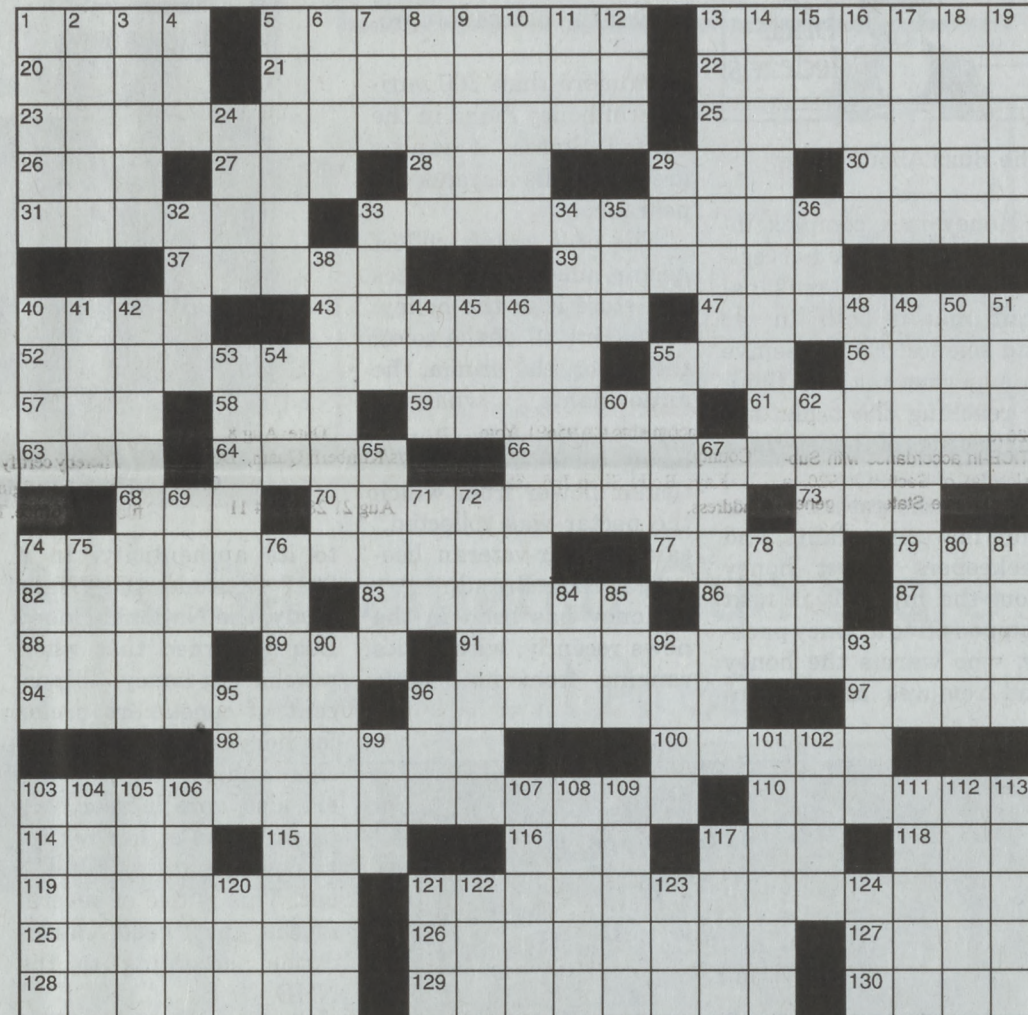
Puzzle answers are on Page 5



Super Crossword

NEW 130-ACROSSES

- ACROSS**
- 1 Boxing punches
5 Bulk-buying chain
13 Professional copyists
20 Balls
21 Represent as perfect
22 Ballerina
23 Something bad that has to be done
25 Kind of comb
26 Picnic crawler
27 PIN-taking dispenser
28 Sealant stuff
29 One-eighty on the road
30 One-named Deco artist
31 Beastly
33 Actor on "The Dick Van Dyke Show"
37 Samuel with a code
39 Act of keeping watch
40 Arsenal stuff
43 Three-horse carriages
47 Complains
52 Longtime classroom magazine
55 Dutch banking giant
56 Notorious emperor
57 Curry of "Today"
58 Wide-shoe letters
59 Very interested in
61 Turn into a mummy
63 Thither
64 Not far from
66 18-yard box, in soccer
68 Bear, in Mexico
70 Serving several functions
73 —K (tyke's class)
74 "Match Game" host
77 Joke-telling Jay
79 Relaxing resort
82 Actor Platt
83 Last Greek letters
86 Antique Olds
87 Ill-bred fellow
88 Head, in Cannes
89 Suffix with east or north
91 Engage in silly play
94 Intimidate
96 Rio de —, Brazil
97 Court partitions
98 Brazil's first emperor
100 Previously, in poetry
103 Knighted English portraitist
110 Life forms
114 Suffix with laundry
115 Hardly rigid
116 Yearbook bit
117 Grazing ground
118 Amazed cry
119 Call to mind
121 "Fosse," e.g.
125 Neil of the Pet Shop Boys
126 Pep up
127 Put on, as cargo
128 Socks with diamonds
129 Like a fez
130 Word rearranged and hidden in this puzzle's eight longest answers
- DOWN**
- 1 — Brothers (boy band)
2 Vying venue
3 "Doctor Who" airer
4 Cleveland-to-Akron dir.
5 Nun
6 Eve's mate
7 Sea, to Simone
8 "What do you — that?"
9 With 40-Down, erase
10 French for "book"
11 Israeli arm
12 Air or ami lead-in
13 Definite indication
14 Thing shot in skeet shooting
15 —a-tat
16 Entomb
17 Two-by-four
18 Title role for Patti LuPone
19 Bay State port
24 Starch-yielding palm
29 Ballpark arbiter
32 Crazyed
33 Paltry
34 Pining type
35 Horse kin
36 "Do Ya" gp.
38 Flowing steadily
40 See 9-Down
41 "Ask — questions ..."
42 Akin to Amish
44 Acorn maker
45 Ending for cyan
46 Continuing
48 Open, as a gate
49 Coast Guard coup
50 Detective novelist — Stanley Gardner
51 Cell body
53 Poe maiden
54 "—haw!" ("Wheel!")
55 As a whole
60 Beattle bride
62 "I lost — meatball ..."
63 ("On Top of Spaghetti" lyric)
65 Apply, as ointment
67 Wary about
69 Break off
71 Abner's radio partner
72 "Johnny —" (1957 Disney film)
74 Attend
75 Height: Abbr.
76 "Is anyone else here?"
78 Teachers' gp.
80 Huff and puff
81 Appends
84 Gas suffix
85 Do moguls
90 New rough sketches
92 Periods
93 "Finally — know!"
95 Cartoon shopkeeper
96 Great elation
99 Critic Reed
101 Did as told
102 Headquarters
103 Certain
104 Additional
105 Wasp attack
106 Youngman of one-liners
107 Wind quintet instruments
108 Fibbers
109 Avoid slyly
111 Stellar phenomena
112 Mild cheese
113 Utter
117 Lie around
120 —Kan (old dog food brand)
121 Track wager
122 Cell material
123 Wheaton of TV and film
124 TV Tarzan player Ron



MAGIC MAZE • FAIR WORDS

BQEOMJHFCAYSUR
PNLRJHFDDBZXKEVX
TRFAIRGROUNDIQA
OMKENALRIAFLRIF
HFDDBZYFWBVTERR
QONLKNERWYRIAFI
IHF DGNIRIAFFFC A
YAWRIAFTNOMRIAF
AZXWVUSRQVIONN
MKJFELATYRIAFIU
HFAESSENRIAFSDF

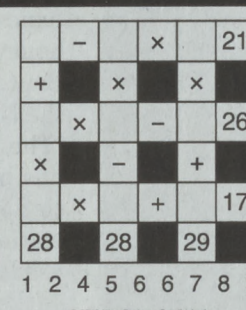
GO FIGURE!

by Linda Thistle

The idea of Go Figure! is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

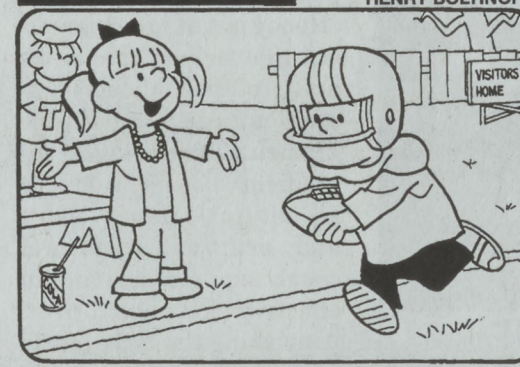
DIFFICULTY: *

* Moderate ** Difficult *** GO FIGURE!



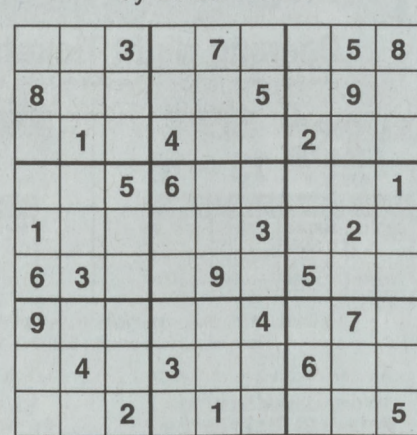
HOCUS-FOCUS

BY HENRY BOLTINOFF



Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2013-698
The following person(s) is (are) doing business as:
Lighthouse Financial Planning, 101 Parkshore Dr., Suite 100, Folsom, CA 95630, County of Sacramento

TBFFP, Inc., 101 Parkshore Dr., Suite 100, Folsom, CA 95630
This business is conducted by Corporation
The registrant commenced to transact business under the fictitious business name or names listed above on 08/12/13

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
TBFFP, Inc.
S/ James R. Johnson, President
This statement was filed with the County Clerk of Yolo on August 28, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

New
9/4, 9/11, 9/18, 9/25/13
CNS-2528360#
NEWS-LEDGER

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2013-705
The following person(s) is (are) doing business as:

Argent Bank, Street and Mailing address: 801 4th Street, Santa Rosa, CA 95404, County of Sonoma.

Articles of Incorporation or Organization Number: A1 #ON:
Registered owner(s):
Sterling Savings Bank, 111 North Wall Street, Spokane, WA 99201.
This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/ Andrew J. Schulteis, Secretary.
This statement was filed with the County Clerk of Yolo on August 28, 2013.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

Original
9/4, 9/11, 9/18, 9/25/13
CNS-2528924#
NEWS-LEDGER

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2013-645
The following person(s) is (are) doing business as:

(1) **TOWER MART (2) TOWER MARKET, 3180 JEFFERSON BOULEVARD, W. SACRAMENTO, CA 95691; County of YOLO**
TOWER ENERGY GROUP, 1983 W. 190TH STREET, TORRANCE, CA 90504

This business is conducted by A CORPORATION

The registrant commenced to transact business under the fictitious business name or names listed above on OCTOBER 1, 1999

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/ TIM ROGERS, TOWER ENERGY GROUP PRESIDENT
This statement was filed with the County Clerk of YOLO on AUGUST 5, 2013

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

8/21, 8/28, 9/4, 9/11/13
CNS-2522738#
NEWS-LEDGER

Fictitious Business Name Statement

Filed JUL 31, 2013

File No. 2013-632

The following person is doing

business as Black Cat Forge, Welding, and Leathercraft; 19040 County Road 72, Brooks CA 95606, Yolo County.

Aaron Armstrong and Dawn Armstrong, same address as above.

This business is conducted by a Married Couple.

The registrant commenced to transact business under the fictitious business name or names listed above on Oct. 1, 2012.

/s/Aaron Armstrong
/s/Dawn Armstrong

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: JUL 31, 2013

/s/Lupe Ramirez, Deputy Clerk
Aug 21 28 Sep 4 11

Fictitious Business Name Statement

Filed Aug 13, 2013

File No. 2013-668

The following person is doing business as NorCal Home Improvements, 2325 Letterman St., West Sacramento CA 95691, Yolo County.

NorCal Windows & Siding, same address as above.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 10/4/12.

/s/John L. Gaffney, Pres./Treas.

NorCal Windows & Siding
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 13, 2013

/s/Kimberli Quam, Deputy Clerk
Aug 21 28 Sep 4 11

Fictitious Business Name Statement

Filed Aug 7, 2013

File No. 2013-656

The following person is doing business as Kays Body Shop Inc.; R&K Septic and Tractor Service, 3080 Jefferson Blvd., West Sacramento CA 95691, Yolo County.

Kays Body Shop Inc., same address.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 8/10/03.

/s/Vivian K. Holland
/s/Richard L. Holland

Kays Body Shop Inc.
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 7, 2013

/s/Kimberli Quam, Deputy Clerk
Aug 21 28 Sep 4 11

Fictitious Business Name Statement

Filed Aug 14, 2013

File No. 2013-671

The following person is doing business as Will & Edis Trucking; W.E.T.; 3365 Jamaica St., West Sacramento CA 95691, Yolo County.

William Thompson, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 1-1-2000.

/s/William C. Thompson

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 14, 2013

/s/Kimberli Quam, Deputy Clerk
Aug 21 28 Sep 4 11

Fictitious Business Name Statement

Filed JUL 31, 2013

File No. 2013-629

The following person is doing business as Immersive Design Studio, 2305 Glacier Pl., Davis CA 95616, Yolo County.

Mehran Madani and Talieh Ghane, same address as above.

This business is conducted by a Married Couple.

The registrant commenced to transact business under the fictitious business name or names listed above on July 31, 2013.

/s/Mehran Madani
/s/Talieh Ghane

I hereby certify that this is a true copy of the original document on

file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: July 31, 2013

/s/Lupe Ramirez, Deputy Clerk
Aug 21 28 Sep 4 11

Fictitious Business Name Statement

Filed Aug 6, 2013

File No. 2013-652

The following person is doing business as Purple Tree Cafe, 104 B St., Ste. 5-148, Davis CA 95616, Yolo County.

Our House Cafe, same address.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

/s/Pamela Cohen, Pres.

Our House Cafe
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 6, 2013

/s/Kimberli Quam, Deputy Clerk
Aug 21 28 Sep 4 11

Fictitious Business Name Statement

Filed Aug 8, 2013

File No. 2013-660

The following person is doing business as M2 & Company, 1059 Court St. #115, Woodland CA 95695, Yolo County.

Meghan McGivney, 1059 Court St., Woodland CA 95695.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 5/8/2013.

/s/Meghan McGivney

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 8, 2013

/s/Kimberli Quam, Deputy Clerk
Aug 21 28 Sep 4 11

Fictitious Business Name Statement

Filed Aug 8, 2013

File No. 2013-659

The following person is doing business as CB Freight Lines, 1705 West Capitol Ave., West Sacramento CA 95691, Yolo County.

Baldev Atwal, 2900 Weald Way #1512, Sacramento CA 95833; Jagdip Atwal, 2430 Valley Forge Way, Roseville CA 95661.

This business is conducted by a General Partnership.

The registrant commenced to transact business under the fictitious business name or names listed above on Aug. 1, 2013.

/s/Jagdip Atwal
/s/Baldev Atwal

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 8, 2013

/s/Linda Smith, Deputy Clerk
Aug 21 28 Sep 4 11

Fictitious Business Name Statement

Filed Aug 15, 2013

File No. 2013-676

The following person is doing business as California Seed Services, 32610 State Highway 16, Woodland CA 95695, Yolo County.

Kevin Peter Crerar, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

/s/Kevin P. Crerar

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 15, 2013

/s/Ava Woodard, Deputy Clerk
Aug 21 28 Sep 4 11

Fictitious Business Name Statement

Filed Aug 9, 2013

File No. 2013-661

The following person is doing business as Blue Sky Construction, 1399 Sacramento Ave. #119, West

Sacto CA 95605, Yolo County.

Oscar Lopez, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 6/25/13.

/s/Oscar Lopez

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 9, 2013

/s/Kimberli Quam, Deputy Clerk
Aug 21 28 Sep 4 11

Sacto CA 95605, Yolo County.

Oscar Lopez, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 6/25/13.

/s/Oscar Lopez
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 9, 2013

/s/Kimberli Quam, Deputy Clerk
Aug 21 28 Sep 4 11

Fictitious Business Name Statement

Filed Aug 12, 2013

File No. 2013-662

The following person is doing business as LAWNORDER, 41965 Rd. 27, Woodland CA 95776, Yolo County.

Anna-Marie Tucker-Schwab, same address as above.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 6/2000.

/s/Anna-Marie Tucker-Schwab

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 12, 2013

/s/Josie Ramirez, Deputy Clerk
Aug 21 28 Sep 4 11

Fictitious Business Name Statement

Filed July 15, 2013

File No. 2013-583

The following person is doing business as Never-Ending-Fun Hoops & Juggling Sticks, 2027 Manet Pl., Davis CA 95618, Yolo County.

Cristina M. Pires, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 7/15/2013.

/s/Cristina Pires

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: July 15, 2013

/s/Linda Smith, Deputy Clerk
Aug 21 28 Sep 4 11

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

PT13-1433

PETITION OF NINA EVANGELINE GALLEGOS FOR CHANGE OF NAME TO ALL INTERESTED PERSONS:

Petitioner Nina Evangeline Gallegos filed a petition with this court for a decree changing names as follows:

Present name: Nina Evangeline Gallegos

Proposed name: Evangeline Gallegos Mordant

THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING: Oct. 11, 2013, at 8:30 a.m. in Dept. 15, Superior Court of California, County of Yolo, 1100 Main St., Suite 300, Woodland CA 95695.

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: West Sacramento News-Ledger.

Date: Aug 14, 2013

DANIEL P. MAGUIRE
Judge of the Superior Court

Aug 21 28 Sep 4 11

NOTICE OF PUBLIC LIEN SALE

Notice is hereby given that the undersigned intends to sell at public auction the personal property described below. A lien imposed on said property pursuant to section 21700-21716 of the Business & Professions Code, and provisions of Civil Code. The undersigned will sell at public auction by competitive bidding on September 4, 2013 at or after 11:30 AM on the premises

where said property has been stored at CubeSmart formerly U-Store-It, located at 541 Harbor Blvd., West Sacramento, CA 95691, phone# (916) 371-6882 the following described goods: Misc. household/personal items and boxes, unless otherwise specified. These goods are the lien property of the following tenants units:

HI2 Kimberly McCarther
K11 Amy John

G26 Rushelle Lawrence
A32-35 Melissa Wilkes

Purchases must be paid for at the time of sale in CASH or CREDIT CARDS ONLY. Items are sold AS IS WHERE IS and must be removed at the time of sale. CubeSmart reserves the right to refuse any bid or cancel auction.

Aug 21 28

NOTICE OF TRUSTEE'S SALE
TS No. 09-0088155, Doc ID #000113736762200A, Titulo Order No. 4139631 Investor/Insurer No. 440125802APN No. 045-391-16-1 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 08/05/2005, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. YOU HEREBY GIVE AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU. YOU SHOULD CONTACT A LAWYER. Notice is hereby given that RECONTRUST COMPANY, N.A., as duly appointed trustee pursuant to the Deed of Trust executed by SHEILA A. TEO and LEO TEO, HUSBAND AND WIFE AS JOINT TENANTS, dated 08/05/2005 and recorded 8/11/2005, as Instrument No. 2005-0059423-00, in Book N/A, Page N/A, of Official Records in the office of the County Recorder of Yolo County, State of California, will sell on 10/09/2013 at 12:00PM, at the north entrance to the City Hall Building, 1110 West Capitol Avenue, West Sacramento, CA 95691 at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust, the street address and other common designation, if any, of the real property described above is purported to be: 2840 MERGANSERS COURT, WEST SACRAMENTO, CA. 95691.

The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. The amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances, or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee will withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are

NOTICE OF TRUSTEE'S SALE
TS No. 12-0083353 Doc ID
#0006109422452005N Title Order
No. 120248711 Investor/Insurer No.
APN No. 014-730-035 Yolo/Insur In
DEFAULT UNDER A DEED OF TRUST,
DATED 11/23/2005, UNLESS YOU
TAKE ACTION TO PROTECT YOUR
PROPERTY, IT MAY BE SOLD AT A
PUBLIC SALE. IF YOU NEED AN
EXPLANATION OF THE NATURE OF
THE PROCEEDING AGAINST YOU,
YOU SHOULD CONTACT A
LAWYER. Notice is hereby given that
RECONTRUST COMPANY, N.A., as
duly appointed trustee pursuant to the
Deed of Trust executed by EINSTEIN
SAMBAJON, A MARRIED MAN AS HIS
SOLE AND SEPARATE PROPERTY,
AND ALBERT SY, AND LILYBECH
SAMBAJON-SY, HUSBAND AND WIFE,
ALL AS TENANTS IN COMMON, dated
11/23/2005 and recorded 11/30/2005,
as Instrument No. 2005-005872-00, in
Book N/A, Page N/A, of Official Records
in the office of the County Recorder of
Yolo County, State of California, will
sell on 09/25/2013 at 12:00PM, At the
rear (North) entrance to the City Hall
Building, 1110 West Capitol Avenue,
West Sacramento, CA 95691 at public
auction to the highest bidder for cash or
check as described below, payable in full
at time of sale, all right, title, and interest
conveyed to and now held by it under said
Deed of Trust, in the property situated in
said County and State and as more fully
described in the above referenced Deed
of Trust. The street address and other
common designation, if any, of the real
property described above is purported to
be: 435 WOODHAVEN PLACE,
WEST SACRAMENTO, CA, 95605.
The undersigned Trustee disclaims any
liability for any incorrectness of the street
address and other common designation,
if any, shown hereon. The total amount of
the unpaid balance with interest thereon
of the obligation secured by the property
to be sold plus reasonable estimated
costs, expenses and advances at the
time of the initial publication of the Notice
of Sale is \$888,715.36. It is possible
that at the time of sale the opening bid
may be less than the total indebtedness
due. In addition to cash, the Trustee
will accept cashier's checks drawn on
a state or national bank, a check drawn
by a state or federal credit union, or
a check drawn by a state or federal
savings and loan association, savings
association, or savings bank specified
in Section 5102 of the Financial Code
and authorized to do business in this
state. Said sale will be made, in an "AS
IS" condition, but without covenant or
warranty, express or implied, regarding
title, possession or encumbrances, to
satisfy the indebtedness secured by said
Deed of Trust, advances thereunder,
with interest as provided, and the unpaid
principal of the Note secured by said
Deed of Trust with interest thereon as
provided in said Note, plus fees, charges
and expenses of the Trustee and of the
trusts created by said Deed of Trust.
NOTICE TO POTENTIAL BIDDERS
If you are considering bidding on this
property lien, you should understand
that there are risks involved in bidding
at a trustee auction. You will be bidding
on a lien, not on a property itself. Placing
the highest bid at a trustee auction does
not automatically entitle you to free and
clear ownership of the property. You
should also be aware that the lien being
auctioned off may be a junior lien. If you
are the highest bidder at the auction, you
are or may be responsible for paying off
all liens senior to the lien being auctioned
off, before you can receive clear title to
the property. You are encouraged to
investigate the existence, priority, and
size of outstanding liens that may exist
on this property by contacting the county
recorder's office or a title insurance
company, either of which may charge you
a fee for this information. If you consult
either of these resources, you should
be aware that the lender may hold more
than one mortgage or deed of trust on
the property. **NOTICE TO PROPERTY
OWNER** The sale date shown on this
notice of sale may be postponed one
or more times by the mortgagee,
beneficiary, trustee, or a court, pursuant
to Section 2924g of the California Civil
Code. The law requires that information
about trustee sale postponements be
made available to you and to the public,
as a courtesy to those not present at the
sale. If you wish to learn whether your
sale date has been postponed, and, if
applicable, the rescheduled time and
date for the sale of this property, you may
call 1-800-281-8219 or visit this Internet
Web site: www.recontrustco.com, using
the file number assigned to this case
TS No. 12-0083353. Information about
postponements that are very short in
duration or that occur close in time to the
scheduled sale may not immediately be
reflected in the telephone information or
on the Internet Web site. The best way
to verify postponement information is to
attend the scheduled sale. DATED:
10/19/2012 RECONTRUST COMPANY,
N.A. 1800 Tapo Canyon Rd., CA-914-
01-94 SIMI VALLEY, CA 93063 Phone:
(800) 281 8219, Sale Information (626)
927-4399 By: Trustee's Sale Officer
RECONTRUST COMPANY, N.A. is a
debt collector attempting to collect a debt.
Any information obtained will be used for
that purpose. A-4410251 09/11/2013,
09/14/2013, 09/11/2013

Fictitious Business Name Statement

Filed Aug 16, 2013
File No. 2013-654

The following person is
doing business as Wash and Dry
Launderland, 2907 West Capitol
Ave., West Sacramento CA 95691,
Yolo County.

C&S Unlimited LLC, 843 42nd
St., Sacramento CA 95819.

This business is conducted by
a Limited Liability Company.

The registrant commenced
to transact business under the
fictitious business name or names
listed above on N/A.

/s/Starla Wahnsiedler, Pres.

C&S Unlimited LLC
I hereby certify that this
is a true copy of the original
document on file in this office.
This certification is true as long
as there are no alterations to the
document, AND as long as the
document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 6, 2013
/s/Linda Smith, Deputy Clerk
Aug 28 Sep 4 11 18

Fictitious Business Name Statement

Filed JUL 22, 2013
File No. 2013-606

The following person is doing
business as Sweet Seaters and
Company, 3319 Ballena Bay Rd.,
West Sacramento CA 95691, Yolo
County.

Eileen Ann Petersen-Seaters,
same address as above.

This business is conducted by
an Individual.

The registrant commenced
to transact business under the
fictitious business name or names
listed above on N/A.

/s/Eileen Ann Petersen-Seaters
I hereby certify that this
is a true copy of the original
document on file in this office.
This certification is true as long
as there are no alterations to the
document, AND as long as the
document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: JUL 22, 2013
/s/Linda Smith, Deputy Clerk
Aug 28 Sep 4 11 18

Fictitious Business Name Statement

Filed JUL 22, 2013
File No. 2013-606

The following person is doing
business as Sweet Seaters and
Company, 3319 Ballena Bay Rd.,
West Sacramento CA 95691, Yolo
County.

Eileen Ann Petersen-Seaters,
same address as above.

This business is conducted by
an Individual.

The registrant commenced
to transact business under the
fictitious business name or names
listed above on N/A.

/s/Eileen Ann Petersen-Seaters
I hereby certify that this
is a true copy of the original
document on file in this office.
This certification is true as long
as there are no alterations to the
document, AND as long as the
document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: JUL 22, 2013
/s/Linda Smith, Deputy Clerk
Aug 28 Sep 4 11 18

Business Name Statement

Filed Aug 19, 2013
File No. 2013-683

The following person is doing
business as JSL Construction,
1665 Tamarack Rd., West
Sacramento CA 95691, Yolo
County.

Edward J. Luttrell, same
address.
This business is conducted by
an Individual.

The registrant commenced
to transact business under the
fictitious business name or names
listed above on N/A.

/s/Edward J. Luttrell
I hereby certify that this
is a true copy of the original
document on file in this office.
This certification is true as long
as there are no alterations to the
document, AND as long as the
document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 19, 2013
/s/Kimberli Quam, Deputy
Clerk
Aug 28 Sep 4 11 18

Fictitious Business Name Statement

Filed Aug 19, 2013
File No. 2013-688

The following person is doing
business as Greenlight Insulation,
955 Railroad Ave #7, Winters CA
95694, Yolo County.

Abbey Windsor Inc., same
address.

This business is conducted by
a Corporation.

The registrant commenced
to transact business under the
fictitious business name or names
listed above on N/A.

/s/Armando Garcia, Pres.
Abbey Windsor Inc.
I hereby certify that this
is a true copy of the original
document on file in this office.
This certification is true as long
as there are no alterations to the
document, AND as long as the
document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 20, 2013
/s/Kimberli Quam, Deputy
Clerk
Aug 28 Sep 4 11 18

ORDER TO SHOW CAUSE FOR CHANGE OF NAME PT13-1442

PETITION OF TIANA LYNN COLEMAN FOR CHANGE OF NAME

TO ALL INTERESTED PERSONS:

Petitioner Tiana Lynn Coleman
filed a petition with this court
for a decree changing names as
follows:

Present name: Tiana Lynn
Coleman

Proposed name: Tiana Lynn
Coleman-Crispin

THE COURT ORDERS that
all persons interested in this
matter shall appear before this
court at the hearing indicated
below to show cause, if any,
why the petition for change of
name should not be granted. Any
person objecting to the name
changes described above must file
a written objection that includes
the reasons for the objection at
least two court days before the
matter is scheduled to be heard
and must appear at the hearing
to show cause why the petition
should not be granted. If no
written objection is timely filed,
the court may grant the petition
without a hearing.

NOTICE OF HEARING: Sept.
26, 2013, at 8:30 a.m. in Dept.
15, Superior Court of California,
County of Yolo, 1100 Main St.,
Suite 300, Woodland CA 95695.

A copy of this Order to Show
Cause shall be published at
least once each week for four
successive weeks prior to the
date set for hearing on the petition
in the following newspaper of
general circulation, printed in
this county: West Sacramento
News-Ledger.

Date: Aug 14, 2013
DANIEL P. MAGUIRE
Judge of the Superior Court
Aug 28 Sep 4 11 18

ORDER TO SHOW CAUSE FOR CHANGE OF NAME PT13-1398

PETITION OF IN RE: MICHELLE KAUFMAN FOR CHANGE OF NAME AND GENDER

TO ALL INTERESTED PERSONS:

Petitioner Michelle Sarah
Kaufman filed a petition with
this court for a decree changing
petitioner's name to:

Proposed name: Misha Skyler
Kaufman

THE COURT ORDERS that
all persons interested in this
matter shall appear before this
court at the hearing indicated
below to show cause, if any, why
the petition for change of name
should not be granted.

NOTICE OF HEARING: Oct.
10, 2013, at 8:30 a.m. in Dept.
15, Superior Court of California,
County of Yolo, 1100 Main St.,
Suite 300, Woodland CA 95695.

A copy of this Order to Show
Cause shall be published at
least once each week for four
successive weeks prior to the
date set for hearing on the petition
in the following newspaper of
general circulation, printed in this
county: West Sacramento Press.

Date: Aug 14, 2013
DANIEL P. MAGUIRE
Judge of the Superior Court
Aug 28 Sep 4 11 18

ORDER TO SHOW CAUSE FOR CHANGE OF NAME PT13-1398

PETITION OF IN RE: MICHELLE KAUFMAN FOR CHANGE OF NAME AND GENDER

TO ALL INTERESTED PERSONS:

Petitioner Michelle Sarah
Kaufman filed a petition with
this court for a decree changing
petitioner's name to:

Proposed name: Misha Skyler
Kaufman

THE COURT ORDERS that
all persons interested in this
matter shall appear before this
court at the hearing indicated
below to show cause, if any, why
the petition for change of name
should not be granted.

NOTICE OF HEARING: Oct.
10, 2013, at 8:30 a.m. in Dept.
15, Superior Court of California,
County of Yolo, 1100 Main St.,
Suite 300, Woodland CA 95695.

A copy of this Order to Show
Cause shall be published at
least once each week for four
successive weeks prior to the
date set for hearing on the petition
in the following newspaper of
general circulation, printed in this
county: West Sacramento Press.

Date: Aug 14, 2013
DANIEL P. MAGUIRE
Judge of the Superior Court
Aug 28 Sep 4 11 18

ORDER TO SHOW CAUSE FOR CHANGE OF NAME PT13-1468

PETITION OF ANDREY STUPIN FOR CHANGE OF NAME TO ALL INTERESTED PERSONS:

Petitioner Andrey Stupin filed
a petition with this court for
a decree changing names as
follows:

Present name: Andrey Stupin;
Proposed name: Andrey Stypin

Present name: Kristian Stypin;
Proposed name: Kristian Stypin

Present name: David Stupin;
Proposed name: David Stypin

Present name: Daniel Stupin;
Proposed name: Daniel Stypin

Present name: Kristina Stupina;
Proposed name: Kristina Stypina

THE COURT ORDERS that
all persons interested in this
matter shall appear before this

Date: Aug 6, 2013
DANIEL P. MAGUIRE
Judge of the Superior Court
Aug 28 Sep 4 11 18

NOTICE OF PETITION TO ADMINISTER ESTATE OF Steven Jeffrey Gilmete CASE NUMBER PB13-152

To all heirs, beneficiaries,
creditors, contingent creditors,
and persons who may otherwise
be interested in the will or estate,
or both, of Steven Jeffrey Gilmete:
A Petition for Probate has
been filed by Silvestre J. Gilmete
Jr. in the Superior Court of
California, County of Yolo.

The Petition for Probate
requests that Silvestre J. Gilmete
Jr. be appointed as personal
representative to administer the
estate of the decedent.

The petition requests the
decedent's will and codicils, if
any, be admitted to probate. The
will and any codicils are available
for examination in the file kept by
the court.

The petition requests authority
to administer the estate under the
Independent Administration of
Estates Act. (This authority will
allow the personal representative
to take many actions without
obtaining court approval. Before
taking certain very important
actions, however, the personal
representative will be required to
give notice to interested persons
unless they have waived notice or
consented to the proposed action.)

The independent administration
authority will be granted unless an
interested person files an objection
to the petition and shows good
cause why the court should not
grant the authority.

**A hearing on the petition will
be held in this court as follows:**
Oct. 2, 2013, at 8:30 a.m. in Dept.
15, Superior Court of California,
County of Yolo, 1100 Main St.,
Suite 300, Woodland CA 95695.

**If you object to the granting
of the petition, you should appear
at the hearing and state your
objections or file written
objections with the court before
the hearing. Your appearance may
be in person or by your attorney.**

**If you are a creditor or a
contingent creditor of the
decedent, you must file your
claim with the court and mail a
copy to the personal representative
appointed by the court within the
later of either (1) four months
from the date of first issuance
of letters to a general personal
representative, as defined in
section 58(b) of the California
Probate Code, or (2) 60 days from
the date of mailing or personal
delivery to you of a notice under
section 9052 of the California
Probate Code.**

**Other California statutes and
legal authority may affect your
rights as a creditor. You may
want to consult with an attorney
knowledgeable in California law.**

**You may examine the file kept
by the court. If you are a person
interested in the estate, you may
file with the court a "Request for
Special Notice" (form DE-154) of
the filing of an inventory and
appraisal of estate assets or of any
petition or account as provided
in Probate Code section 1250. A
"Request for Special Notice" form
is available from the court clerk.**

Attorney for Petitioner: The Law
Offices of Sasha F. Ganji
SBN 288349
8037 Fair Oaks Blvd. Ste #106
Carmichael CA 95608
(916) 944-2056
Fax 916-944-2051

Aug 28 Sep 4 11

NOTICE OF AUCTION SALE

NOTICE IS HEREBY GIVEN
that a mobilehome, registered to
Renee Clark, described as a 1959
Paramount mobilehome, Decal
Number AA1336, Serial Num-
ber P501FK15997, Label/Insignia
Number 46604, and stored on
property within the Casa Mobile
Park, at 1050 W. Capitol Ave.,
West Sacramento, CA, County
of Yolo, 95691 (specifically the
space designated as #33 within
the park), will be sold by auction
at the mobilehome park at the
Casa Mobile Park, 1050 W. Cap-
itol Ave., West Sacramento, CA,
County of Yolo, 95691, (specifi-
cally the space designated as #33
within the park), on September
18, 2013, at 11:00 a.m., and such
succeeding sales days as may be
necessary, and the proceeds of
the sales will be applied to the
satisfaction of the lien, including
the reasonable charges of notice,
advertisement, and sale.

This sale is conducted on a cash
or certified fund basis only (cash,
cashier's check or traveler's
checks only). Personal checks
and/or business checks are not
acceptable. Payment is due and
payable immediately following
the sale. No exceptions. The
mobilehome and/or contents are
sold as is, where is, with no guar-
antees.

This sale is conducted under
the authority of California Civil
Code 798.56a and Commercial
Code 7210.

Unless a written waiver is re-
ceived from management/ plain-
tiff, the mobilehome and con-
tents must be removed from the
present location within 10 days.
DATED: August 19, 2013
JOSEPH W. CARROLL
Attorney at Law
1231 I St., Suite 203
Sacramento, CA 95814

Date: Aug 6, 2013
DANIEL P. MAGUIRE
Judge of the Superior Court
Aug 28 Sep 4 11 18

NOTICE OF PETITION TO ADMINISTER ESTATE OF Steven Jeffrey Gilmete CASE NUMBER PB13-152

To all heirs, beneficiaries,
creditors, contingent creditors,
and persons who may otherwise
be interested in the will or estate,
or both, of Steven Jeffrey Gilmete:
A Petition for Probate has
been filed by Silvestre J. Gilmete
Jr. in the Superior Court of
California, County of Yolo.

The Petition for Probate
requests that Silvestre J. Gilmete
Jr. be appointed as personal
representative to administer the
estate of the decedent.

The petition requests the
decedent's will and codicils, if
any, be admitted to probate. The
will and any codicils are available
for examination in the file kept by
the court.

The petition requests authority
to administer the estate under the
Independent Administration of
Estates Act. (This authority will
allow the personal representative
to take many actions without
obtaining court approval. Before
taking certain very important
actions, however, the personal
representative will be required to
give notice to interested persons
unless they have waived notice or
consented to the proposed action.)

The independent administration
authority will be granted unless an
interested person files an objection
to the petition and shows good
cause why the court should not
grant the authority.

**A hearing on the petition will
be held in this court as follows:**
Oct. 2, 2013, at 8:30 a.m. in Dept.
15, Superior Court of California,
County of Yolo, 1100 Main St.,
Suite 300, Woodland CA 95695.

**If you object to the granting
of the petition, you should appear
at the hearing and state your
objections or file written
objections with the court before
the hearing. Your appearance may
be in person or by your attorney.**

**If you are a creditor or a
contingent creditor of the
decedent, you must file your
claim with the court and mail a
copy to the personal representative
appointed by the court within the
later of either (1) four months
from the date of first issuance
of letters to a general personal
representative, as defined in
section 58(b) of the California
Probate Code, or (2) 60 days from
the date of mailing or personal
delivery to you of a notice under
section 9052 of the California
Probate Code.**

**Other California statutes and
legal authority may affect your
rights as a creditor. You may
want to consult with an attorney
knowledgeable in California law.**

**You may examine the file kept
by the court. If you are a person
interested in the estate, you may
file with the court a "Request for
Special Notice" (form DE-154) of
the filing of an inventory and
appraisal of estate assets or of any
petition or account as provided
in Probate Code section 1250. A
"Request for Special Notice" form
is available from the court clerk.**

Attorney for Petitioner: Hope P.
Welton, Deputy
625 Court Street, Room 201
Woodland CA 95695
530.666.8172

Aug 28 Sep 4 11 18

NOTICE OF PETITION TO ADMINISTER ESTATE OF Gerald Jacquemin CASE NUMBER PB13-159

To all heirs, beneficiaries,
creditors, contingent creditors,
and persons who may otherwise
be interested in the will or estate,
or both, of Gerald Jacquemin:
A Petition for Probate has
been filed by Kathleen R. Sylvia,
Yolo County Public Administrator,
in the Superior Court of California,
County of Yolo.

The Petition for Probate
requests that Kathleen R. Sylvia,
Yolo County Public Administrator,
be appointed as personal
representative to administer the
estate of the decedent.

The petition requests authority
to administer the estate under the
Independent Administration of
Estates Act. (This authority will
allow the personal representative
to take many actions without
obtaining court approval. Before
taking certain very important
actions, however, the personal
representative will be required to
give notice to interested persons
unless they have waived notice or
consented to the proposed action.)

The independent administration
authority will be granted unless an
interested person files an objection
to the petition and shows good
cause why the court should not
grant the authority.

**A hearing on the petition will
be held in this court as follows:**
Oct. 2, 2013, at 8:30 a.m. in Dept.
15, Superior Court of California,
County of Yolo, 1100 Main St.,
Suite 300, Woodland CA 95695.

**If you object to the granting
of the petition, you should appear
at the hearing and state your
objections or file written
objections with the court before
the hearing. Your appearance may
be in person or by your attorney.**

**If you are a creditor or a
contingent creditor of the
decedent, you must file your
claim with the court and mail a
copy to the personal representative
appointed by the court within the
later of either (1) four months
from the date of first issuance
of letters to a general personal
representative, as defined in
section 58(b) of the California
Probate Code, or (2) 60 days from
the date of mailing or personal
delivery to you of a notice under
section 9052 of the California
Probate Code.**

**Other California statutes and
legal authority may affect your
rights as a creditor. You may
want to consult with an attorney
knowledgeable in California law.**

**You may examine the file kept
by the court. If you are a person
interested in the estate, you may
file with the court a "Request for
Special Notice" (form DE-154) of
the filing of an inventory and
appraisal of estate assets or of any
petition or account as provided
in Probate Code section 1250. A
"Request for Special Notice" form
is available from the court clerk.**

Attorney for Petitioner: Hope P.
Welton, Deputy
625 Court Street, Room 201
Woodland CA 95695
530.666.8172

Aug 28 Sep 4 11 18

(916) 443-9000
Sep 4 11

Fictitious Business Name Statement

Filed Aug 26, 2013
File No. 2013-700

The following person is doing
business as NewBeginnings, 3105
Woods Circle, Davis CA 95616,
Yolo County.

Virgil Vigil, same address.

This business is conducted by
an Individual.

CLASSIFIED ADVERTISING

LANDSCAPE & GARDENING

Mark A. Cooper maintenance Services. Weekly & biweekly lawn maintenance service. House rain gutter cleaning, one-time cleanups, lawn aeration. Licensed & insured. Call for free estimate. Mark Cooper, (916) 207-9870 (corrected number).

LAWN CARE SERVICE:

- ♦ Weekly or bi-weekly service
 - ♦ One-time cleanups
 - ♦ Complete sprinkler system repair/installation
 - ♦ Install/renovate flower beds & lawns
- Licensed, insured & 10 years experience. Always free estimates! (916) 284-6905.

8.27.13

POOL CARE SERVICE:

- ♦ Monthly services
 - ♦ One-time cleanups
 - ♦ Equipment repairs
 - ♦ Licensed & insured
- Licensed, insured
Call (916) 284-6905.

8.27.13

YARDWORK TOOL MAINT.

Garden tool maintenance, power tool tune-up. Custom raised beds for your gardening needs! Call Dave, All Service Maintenance, 375-1993.

10

PLUMBING

J&J PLUMBING: We handle emergencies, plus scheduled plumbing work, remodels, sewers & drains. 371-4151. Cont lic. 552529.

25

WEB DESIGN

Need a strong website for your business? Local web designer & photographer can do the job! Call Eric, (888) 650-0790.

36

GARAGE DOOR SERVICE

RC GARAGE DOOR SERVICE & REPAIR. Call Ron at (cell) 916-704-9992, or (office/fax) 916-373-9437. Local West Sacramento-based service & repair! Bonded & insured. Lic. #909235. Visit www.RCGarageDoor.com.

36

YOGA & FITNESS

"Chair Yoga" with Mae! Gentle movement & deep breathing to support mind/body health and chronic pain relief. 4:45 p.m. on Tuesdays at Margaret McDowell Manor, 1525 Merkle Ave, West Sac. Call (530) 400-3013.

Mar 2013

PAINTING

LEO'S PAINTING: Interior/exterior, residential, commercial. 36 years of experience. Local in West Sacramento. Free estimates. Call (916) 346-5285. CA Lic. 643423.

4.16.12

STORAGE

Storage units, plus SECURE parking for RVs & boats. Southport Self Storage. Call (916) 395-3080. Or visit www.SouthportSelfStorage.com.

25

PAINTING

LEO'S PAINTING: Interior/exterior, residential, commercial. 36 years of experience. Local in West Sacramento. Free estimates. Call (916) 346-5285. CA Lic. 643423.

10.16.12

MOBILEHOME & RV SPACE

RV/Trailer living spaces for rent or lease. Short or long-term. Great location near downtown, shopping, public transportation. Also boat/RV storage. Low rates! Jack Lopes Mobile Home Park, 2125 West Capitol Ave. Call Jim Rothery, 916-719-6733.

8.27.13

APARTMENTS FOR RENT

Currently accepting applications for one, two, three & four bedroom apts for HUD Section 8. MAX. ANNUAL INCOME LEVELS ACCEPTED ARE: 1 PERS - 42,000, 2 PERS - 48,000, 3 PERS - 60,000, 5 PERS - 64,800, 6 PERS - 69,600. Please inquire at office, 600 6th Street, West Sacramento, M-F 10am - 4pm. (916) 918-1010.

(916) 918-1010

HOUSE CLEANING

West Sacramento house cleaner. Excellent references. Call Lorraine, 372-7614.

HELP WANTED

Code Enforcement Supervisor for City of West Sacramento. \$6110-7426/mo + bnfts. To apply, visit www.cityofwestsacramento.org. FFD: 5pm, 9/16/2013 or 1st 50 applications.

JUNK HAULER

Too much clutter? Call 'Chuck Your Junk', your local junk hauler. www.chuckyourjunk.biz. (916) 871-4581. Email info@chuckyourjunk.biz.

ROOMS FOR RENT

For rent: two very large, pleasant rooms, with a new large bathroom, in Westmore Oaks area of West Sacramento. \$850. Utilities paid by owner. Call 371-9000.

LH WP - 9.4+

ANNOUNCEMENTS

DID YOU KNOW that Ten Million adults tweeted in the past month, while 164 million read a newspaper in print or online in the past week? ADVERTISE in 240 California newspapers for one low cost. Your 25 word classified ad will reach over 6 million+ Californians. For brochure call Elizabeth (916)288-6019. (Cal-SCAN)

AUTOS WANTED

DONATE YOUR CAR - Fast Free Towing 24 hr. Response - Tax Deduction. UNITED BREAST CANCER FOUNDATION. Providing Free Mammograms & Breast Cancer Info 888-792-1675 (Cal-SCAN)

DONATE YOUR CAR, truck or boat to Heritage for the Blind. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 888-902-6851. (Cal-SCAN)

BUSINESS SERVICES

Many a small thing has been made large by the right kind of advertising - Mark Twain. ADVERTISE your BUSINESS CARD sized ad in 140 California newspapers for one low cost. Reach over 3 million+ Californians. Free brochure elizabeth@cnpa.com or (916)288-6019. (Cal-SCAN)

The business that considers itself immune to advertising, finds itself immune to business. REACH CALIFORNIANS WITH A CLASSIFIED IN ALMOST EVERY COUNTY! Over 270 newspapers! Combo-California Daily and Weekly Networks. Free Brochures. elizabeth@cnpa.com or (916)288-6019. (Cal-SCAN)

CABLE/INTERNET SERVICES

SAVE on Cable TV-Internet-Digital Phone-Satellite. You've Got A Choice! Options from ALL major service providers. Call us to learn more! CALL Today. 888-706-4301. (Cal-SCAN)

CABLE/ SATELLITE TV

DirecTV - Over 140 channels only \$29.99 a month. Call Now! Triple savings! \$636.00 in Savings, Free upgrade to Genie & 2013 NFL Sunday ticket free! Start saving today! 1-800-291-0350 (Cal-SCAN)

DISH TV Retailer. Starting at \$19.99/month (for 12 mos.) & High Speed Internet starting at \$14.95/month (where available.) SAVE! Ask About SAME DAY Installation! CALL Now! 1-800-357-0810 (Cal-SCAN)

REDUCE YOUR CABLE BILL! Get an All-Digital Satellite system installed for FREE and programming starting at \$24.99/mo. FREE HD/DVR upgrade for new callers, SO CALL NOW! (877)366-4509 (Cal-SCAN)

CAREER TRAINING/ EDUCATION

AIRLINE CAREERS begin here - Get FAA approved Aviation Maintenance Technician training. Job placement and Financial assistance for qualified students. CALL Aviation Institute of Maintenance 888-242-3382 (Cal-SCAN)

AIRLINE CAREERS begin here - Get FAA approved Maintenance training. Financial aid for qualified students - Housing available. Job placement assistance. CALL Aviation Institute of Maintenance 877-804-5293 (Cal-SCAN)

COMPUTER SERVICES

MY COMPUTER WORKS. Computer problems? Viruses, spyware, email, printer issues, bad internet connections - FIX IT NOW! Professional, U.S.-based technicians. \$25 off service. Call

for immediate help. 1-888-865-0271 (Cal-SCAN)

CREDIT/DEBT SERVICES

GET FREE OF CREDIT CARD DEBT NOW! Cut payments by up to half. Stop creditors from calling. 888-416-2691. (Cal-SCAN)

FINANCIAL AID

Cut your STUDENT LOAN payments in HALF or more even if you are Late or in Default. Get Relief FAST Much LOWER payments. Call Student Hotline 855-589-8607 (Cal-SCAN)

FINANCIAL SERVICES

Guaranteed Income For Your Retirement. Avoid market risk & get guaranteed income in retirement! CALL for FREE copy of our SAFE MONEY GUIDE Plus Annuity Quotes from A-Rated companies! 800-375-8607 (Cal-SCAN)

HEALTH/ MEDICAL

Canada Drug Center es tu mejor opcion para ordenar medicamentos seguros y economicos. Nuestros servicios de farmacia con licencia Canadiense e Internacional te proveeran con ahorros de hasta el 90 en todas las medicinas que necesitas. Llama ahora al. 1-800-385-2192 y obtén \$10 de descuento con tu primer orden ademas de envío gratuito. (Cal-SCAN)

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 90 percent on all your medication needs. Call today 1-800-273-0209, for \$10.00 off your first prescription and free shipping. (Cal-SCAN)

HELP WANTED DRIVERS

12 PRO DRIVERS NEEDED! \$\$\$ Up to 50 cpm \$\$\$ Full benefits + quality home time. CDL-A required. Call 877-258-8782 . www.ad-drivers.com (Cal-SCAN)

Drivers - CDL-A Train and Work for Us! Professional, focused CDL training available. Choose Company Driver, Owner Operator, Lease Operator or Lease Trainer. (877) 369-7126 www.CentralTruckDrivingJobs.com (Cal-SCAN)

INSURANCE/ AUTOMOTIVE

SAVE \$\$\$ on AUTO INSURANCE from the major names you know and trust. No forms. No hassle. No obligation. Call READY FOR MY QUOTE now! CALL 1-888-706-8325. (Cal-SCAN)

INTERNET/ CABLE

AT&T U-Verse for just \$29/mo! BUNDLE & SAVE with AT&T Internet+Phone+TV and get a FREE pre-paid Visa Card! (Select plans). HURRY, CALL NOW! 800-319-3280 (Cal-SCAN)

PERSONALS- ADULT

MEET SINGLES RIGHT

NOW! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-800-945-3392. (Cal-SCAN)

TRAVEL/ VACATIONS

\$399 Cabo San Lucas All Inclusive Special - Stay 6 Days In A Luxury Beachfront Resort With Unlimited Meals And Drinks For \$399! www.luxurycabohotel.com 888-481-9660 (Cal-SCAN)

WANTED TO BUY

CASH PAID FOR DIABETIC STRIPS!! Don't throw boxes away-Help others. Unopened /Unexpired boxes only. All Brands Considered! Call Anytime! 24hrs/7days (888) 491-1168 (Cal-SCAN)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2013-680
The following person(s) is (are) doing business as:
OneCare Home Health & Hospice, 100 E. San Marcos Blvd., Ste. 200, San Marcos, CA 92069. County of Yolo
Fennel Holdings, LLC, 100 E. San Marcos Blvd., Ste. 200, San Marcos, CA 92069
This business is conducted by limited liability company
The registrant commenced to transact business under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
Fennel Holdings, LLC
S/ Nanci Wilson, President
This statement was filed with the County Clerk of Yolo on August 16, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
New
9/11, 9/18, 9/25, 10/2/13
CNS-2521349#
NEWS-LEDGER

Send your 'letter to the editor' or your news item to:
steve@news-ledger.com
(don't forget that hyphen!)
or to:
News-Ledger
P.O. Box 463, West Sacramento CA 95691
Please include your name, address & phone number.

NOTICE OF TRUSTEE'S SALE TS No. 11-0125793 Doc ID #0001413278982005N Title Order No. 110518374
Trustee: CARMEN SINGH, N/A, as duly appointed trustee pursuant to the Deed of Trust executed by CARMEN SINGH, AN UNMARRIED WOMAN, dated 08/12/2008 and amended 9/17/2008, as Instrument No. 2008-0032057-00, in Book N/A, Page N/A, of Official Records in the office of the County Recorder of Yolo County, State of California, will sell on 09/30/2013 at 1:00PM, Ramada Inn and Suites, 1250 Halyard Drive, West Sacramento, CA 95691, Captain Ballroom at public auction to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be 3130 CARPENTER WAY RD, WEST SACRAMENTO, CA 956915897. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$537,993.20. It is possible that at the time of the sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashiers checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust, plus fees, charges and expenses of the Trustee and of the Trust created by said Deed of Trust. NOTICE TO POTENTIAL BIDDERS If you are considering bidding on this property lien, you should understand that the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse against the Mortgagee, the Mortgagee or the Trustee's attorney. Date: August 15, 2013 T.D. SERVICE COMPANY, as sale Trustee, T.D. Service Company Agent for the Trustee and as Authorized Agent for the Beneficiary JOANNA L. DEVELASCO, ASSISTANT SECRETARY T.D. SERVICE COMPANY 4000 W. Metropolitan Drive, Suite 400, Orange, CA 92668-0000. The Beneficiary is attempting to collect a debt and any information obtained may be used for that purpose. If available, the expected opening bid and/or postponement information may be obtained by calling the following telephone number(s) or by fax before the sale: (714) 480-5690 or (800) 843-0260 ext 5690 or visit this Internet Web site: <http://www.tacoforeclosures.com/sales>, using the file number assigned to this case D542677 D. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse against the Mortgagee, the Mortgagee or the Trustee's attorney. Date: August 15, 2013 T.D. SERVICE COMPANY, as sale Trustee, T.D. Service Company Agent for the Trustee and as Authorized Agent for the Beneficiary JOANNA L. DEVELASCO, ASSISTANT SECRETARY T.D. SERVICE COMPANY 4000 W. Metropolitan Drive, Suite 400, Orange, CA 92668-0000. The Beneficiary is attempting to collect a debt and any information obtained may be used for that purpose. If available, the expected opening bid and/or postponement information may be obtained by calling the following telephone number(s) or by fax before the sale: (714) 480-5690 or (800) 843-0260 ext 5690 or you may access sales information at www.tacoforeclosures.com/sales TAC# 965352 PUB: 08/21/13, 08/28/13, 09/04/13

DRIVE, WEST SACRAMENTO, CA 95691 Assessor's Parcel No.: 046-883-007 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 1-800-281-8219 or visit this Internet Web site www.reconstrustco.com, using the file number assigned to this case TS No. 11-0125793. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. DATED: 01/29/2012 RECONSTRUCT COMPANY, N.A. 1800 Tapo Canyon Rd., CA-914-01-94 SIMI VALLEY, CA 93063 Phone: (800) 281-8219. Fax: (805) 291-9229 927-4399 By: Trustee's Sale Officer RECONSTRUCT COMPANY, N.A. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. A-4408571 08/21/2013, 08/28/2013, 09/04/2013

T.S. No: D542677 CA Unit Code: D Loan No: 498128404-29125 IOAKIMEDES/OAKIMEDE AP #1: 067-102-058-000 NOTICE OF TRUSTEE'S SALE T.D. SERVICE COMPANY, as duly appointed Trustee under the following described Deed of Trust, will sell AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (in the forms which are lawful tender in the United States) and/or the cashiers', certified or other checks specified in Civil Code Section 2924h, payable in full at the time of sale to T.D. Service Company) all right, title and interest conveyed to and now held by it under said Deed of Trust in the property hereinafter described: Trustee: DOROTHY E IOAKIMIDES Recorded: July 3, 2003 as Instr. No. 2003-003269-00 Book --- Page --- of Official Records in the office of the Recorder of YOLO County, CALIFORNIA, pursuant to the Notice of Default and Election to Sell thereunder recorded May 14, 2013 as Instr. No. 2013-0016019 in Book --- Page --- of Official Records in the office of the Recorder of YOLO County, CALIFORNIA. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED JUNE 5, 2003, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. 2725 AND 2727 WEST CAPITOL AVENUE, WEST SACRAMENTO, CA 95691 ("If a street address or common designation of property is shown above, no warranty is given as to its completeness or correctness.") Said Sale of property will be made "as is" condition, without covenant or warranty, express or implied, regarding title possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest as in said note provided, and the unpaid principal of the Note secured by said Deed of Trust, plus fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. Said sale will be held on: SEPTEMBER 10, 2013, AT 9:00 A.M. AT THE NORTH ENTRANCE TO THE WEST SACRAMENTO CITY HALL, 1110 WEST CAPITOL AVENUE, WEST SACRAMENTO, CA 95691 At the time of the initial publication of this notice, the total amount of the unpaid balance of the obligation secured by the above described Deed of Trust and estimated costs, expenses, and advances is \$1,027,724.77. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 480-5690 or (800) 843-0260 ext 5690 or visit this Internet Web site: <http://www.tacoforeclosures.com/sales>, using the file number assigned to this case D542677 D. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse against the Mortgagee, the Mortgagee or the Trustee's attorney. Date: August 15, 2013 T.D. SERVICE COMPANY, as sale Trustee, T.D. Service Company Agent for the Trustee and as Authorized Agent for the Beneficiary JOANNA L. DEVELASCO, ASSISTANT SECRETARY T.D. SERVICE COMPANY 4000 W. Metropolitan Drive, Suite 400, Orange, CA 92668-0000. The Beneficiary is attempting to collect a debt and any information obtained may be used for that purpose. If available, the expected opening bid and/or postponement information may be obtained by calling the following telephone number(s) or by fax before the sale: (714) 480-5690 or (800) 843-0260 ext 5690 or you may access sales information at www.tacoforeclosures.com/sales TAC# 965352 PUB: 08/21/13, 08/28/13, 09/04/13

Local Scene

Telephone area codes are "916" unless otherwise specified.

Don't toss that tuba

The River City High School music program is firing up for another year, and band members would welcome any donated instruments. If you have an unused musical instrument, consider donating it to the program. Contact Tony Marvelli, director of bands, at amarvelli@wusd.k12.ca.us or 375-7800 ext. 2210. Visit www.rivercityregiment.com or drop by the school at 1 Raider Lane.

Drop-off week

Got some old furniture, mattresses, box springs, cardboard or car tires (up to nine) that you need to unload? Take advantage of the City of West Sacramento's "Bulky Waste Drop-Off" event today through Saturday, Sept. 14. West Sacramento residents may bring their bulky junk items to 540 Harbor Blvd. between 4-7 p.m. weekdays or 9-3 on Saturday. Bring proof of West Sacramento residency (city utility bill or driver's license). Those age 65 and up, or the disabled, may call for a free pickup visit. Call 617-4589.

Wood and green waste are not accepted at this event. They may be recycled at the county landfill. A voucher was sent to residents with their April utility bill.

Health, & more

River City High School is hosting a fair in two parts:

The student body will participate in a fair on campus from Sept. 18-20. There will be information on health — including diet, sleep habits and body fat percentage — with personalized feedback. Anonymous data will also be collected for use by scientists and others.

The entire community is invited to a community health fair at River City High School from 5:30-8:30 p.m. on Thursday, Sept. 19. Free screenings on diet, sleep, body fat and blood pressure; info on other topics like skin cancer and breast cancer risks. Learn about health and contribute to science. Flu shots will be provided by the Yolo County Health Department (those under 18 must be accompanied by a parent or guardian).

College info

Students and family from all grades at River City High School are invited to College Information Night, 5:45 p.m. on Wed., Sept. 11, in the F Commons Room at the campus. On hand will be representatives from the community college, CSU and UC systems.

Marshall High, '73

The reunion committee for James Marshall High School's Class of 1973 asks alumni to save the date of Sat., Sept. 28, for a 40th reunion celebration. Planned is a "casual buffet dinner" to meet with old friends at the Club Pheasant. Social hour starts at 6 p.m., dinner at 7. \$25/person, spouses welcome but optional. Make check payable to Club Pheasant and mail to Lili Metzger, P.O. Box 448, West Sacramento CA 95691. RSVP by Sept. 14. For information, email jmhs73@wavecable.com.

Health coverage

Learn more about the new health care laws and how they affect you as an individual or your small business. Attend a workshop about the Patient Protection and Affordable Care Act of 2010 at one of four scheduled workshops held at the local library, 1212 Merkley Avenue: 5:30-7:30 p.m. on Wed., Sept. 4; or 6:30-8 p.m. on Sept. 17, Oct. 3 or Oct. 15. Free. Sponsored the UC Davis Center for Reducing Health Disparities.

For info on "Covered California," see www.CoveredCA.com or call (888) 975-1142.

Soccer players wanted

Sacramento Republic FC will hold player tryouts on Oct. 5-6 and Oct. 19-20 at the Davis Legacy Soccer Complex on the frontage road near Davis. Players 18 and up will receive "full evaluation" from Republic FC coaching staff. Lunch and a T-shirt provided. \$200 registration fee for each tryout. Pre-register online; visit www.SacRepublicFC.com. The new United Soccer Leagues (USL) professional team will play at Raley Field beginning next year.

History Society's BD

The West Sacramento Historical Society is celebrating its 20th birthday. You're invited to join the group for a potluck with some cake and ice cream. The party is scheduled for Saturday, Sept. 28, from 12:30-4 p.m. at VFW Post 8762, 905 Drever Street. Potluck, with cake, ice cream & soft drinks provided (the VFW separately offers a full bar). Share your West Sacramento history with the society. Info or RSVP to Kathy, 372-5518.

Play & learn

Bring your baby, toddler or preschooler to a special playroom in the library (1212 Merkley Avenue) from 10:15 to 11:30 a.m. on Sept. 7, 14, 21 or 28. Talk to other parents, meet specialists

in childhood education and ask them questions about your child's development. Register in advance — please visit the library. Sponsored by First 5 Yolo.

Science show for kids

"Up, Up & Away" is an interactive science program for kids and their families at 4:30 p.m. on Wed., Sept. 11, at the library (1212 Merkley Avenue). Free. Sponsored by the West Sacramento Friends of the Library.

Be a model

Crickets Creative Apparel is casting for volunteers to model at the "Vintage Fashion Follies," supporting the West Sacramento Historical Society. The show is scheduled for Saturday, Oct. 19, in the Black Box Theater at the West Sacramento Community Center.

Contact Sandy Beers at 698-8566 or Tianna Beers Worl at (530) 867-2002. Or email cricketsapparel@aol.com. You'll need to provide a photo of identification, your email and home address, and a contact number.

Borrow a lifejacket

Heading to the river? Taking kids? State law requires every child younger than 13 on a boat, and everybody on a personal watercraft or a towed craft, be wearing a life jacket. Authorities also strongly recommend a life jacket for kids and others playing in or near local rivers. You can borrow life jackets for the day at West Sacramento's fire stations:

Station 41, 132 15th Street, 617-4741.
Station 42, 3585 Jefferson Blvd., 617-4742.
Station 43, 1561 Harbor Blvd., 617-4743.
Station 44, 905 Fremont St., 617-4744.
Station 45, 2040 Lake Washington Blvd., 617-4600.

Raffle returns!

The annual "All Charities Raffle" has returned to West Sacramento. The event is organized by the West Sacramento Foundation, which arranges for raffle prizes and prints tickets for local sports groups and nonprofits to sell as a fundraiser. Each of these groups keeps \$9 of every ticket's \$10 price.

A large number of local groups have tickets to sell. Interested West Sacramento organizations may call Charles Moore, (916) 417-5623, for more information. You can also visit www.WestSacFoundation.org for more information.

This year's prizes include the use of condos in Hawaii and Mexico, hotel and B&B stays in resort areas, a Whitey's Jolly Kone combo

Spring into a new you!



Summer Weight Loss Special at Spring Medical Clinic in West Sacramento:

New patients: \$20 off 'start fee.* Existing patients: 1 free box of protein bars.*

State-of-the-art measurement — no tape measures!

You'll receive a 5-page body composition print-out. FDA-approved weight loss medication available. Delicious high-protein foods available. No contracts. Follow up either weekly or monthly!

SPRING MEDICAL CLINIC - WEST SACRAMENTO

1355 Halyard Dr. #130 (new location — near our old location)

West Sacramento CA 95691 • (916) 265-6309 • Open M-F 9:30 - 5:30, Sat. 8:30-2

*With paid medical weight loss office visit; must bring in this ad for discount. Expires 9.22.13

every day for a year, use of a 20-person luxury suite at Raley Field for one River Cats game, a \$500 IKEA gift card, a gas grill, bikes & more.

The raffle will be held during a spaghetti dinner hosted by the Knights of Columbus, 5:30-7:30 p.m. on Oct. 12 at Holy Cross Church, 1321 Anna Street. \$5 dinner price.

Youth development

The Youth Development Institute (YDI) invites "youth-serving organizations" to better create quality environments for youth. Several regional

informational workshops are planned, including one from 4-6 p.m. on Sept. 18 at the Yolo County Children's Alliance office, 637 Todhunter Ave., West Sacramento. Visit www.ydnetwork.org or call 566-1652.

BBQ, boats & brews

River City Rowing Club in West Sacramento invites you to their fundraising party at the Port of West Sacramento boathouse area. Have some catered barbecue (Broderick Restaurant & Wicked 'Wich food truck), tour the rowing boathouse,

enjoy some Ruhstaller beer (bottomless mug \$20, drink tickets \$5). Live music by the Hucklebucks.

The event will take place 4-8 p.m. on Sat., Sept. 21.

\$50 VIP ticket includes barbeque, RCRC beer stein with bottomless beer. \$40 ticket at the door for adults, \$30 for minors. Proceeds benefit the club's high school and adult rowing programs. For information, visit www.rivercityrowing.org.

Be ready

The Red Cross will offer

See LOCAL, p. 3

How To Get Rid of Knee Pain Once And for All.. Without Drugs, Shots, or Surgery



A Non-Surgical, Non-Invasive knee pain Treatment - Now Available!

Now, in West and South Sacramento, Ca, one doctor is helping local residents with knee pain live more active, pain-free lives without drugs, shots, or surgery.

My name is Dr. Dennis Nguyen, owner of East Yolo Chiropractic and Optimal Health and Wellness Clinic. Since we opened, we've seen many people with knee problems leave the office pain free.

Do You Have Any of the Following Conditions?

- Arthritis
- Knee pain
- Cartilage damage
- 'Bone-on-bone'
- Tendonitis
- Bursitis
- Crunching and popping sounds

Could This Non-Invasive, Natural Treatment Be The Answer To Your Knee Pain?

The First 25 Callers only, I'm running a very special offer where you can find out if you are a candidate for cold laser therapy.

What does this offer include? Everything I normally do in my "Knee Pain Evaluation". Just call 916-583-2632 and here's what you'll get:

- An in-depth consultation about your problem where I will listen...really listen...to the details of your case.
- A complete neuromuscular examination.
- A thorough analysis of your exam and x-ray or MRI findings so we can start mapping out your plan to being pain free.
- You'll see everything first hand and find out if this amazing treatment will be your pain solution, like it has been for so many other patients.

Dr. Dennis Nguyen DC, PhD.

CALL TODAY TO SCHEDULE YOUR KNEE PAIN EVALUATION

916-583-2632

\$35 (\$250 VALUE) AVAILABLE TO THE FIRST 25 CALLERS!

Tell the receptionist you'd like to come in for the Knee Evaluation

2939 W. Capitol Ave, West Sacramento • 6005 Florin Rd., Ste. 300, Sacramento

www.OptimalHealthWellnessClinic.net

RV TOO BIG for your garage?



RV spaces starting at \$59/m
SOUTHPORT SELF STORAGE
3080 Promenade Street
West Sacramento, CA
916-395-3080